

WINNIPEG

metro®

Tuesday, September 4, 2012



News  
worth  
sharing.

[metronews.ca](http://metronews.ca) | [twitter.com/metrowinnipeg](https://twitter.com/metrowinnipeg) | [facebook.com/metrowinnipeg](https://facebook.com/metrowinnipeg)

# ENERGY 106

WINNIPEG'S **NEW** #1 HIT MUSIC STATION

5:30 AM TO  
10:00 AM



THE  
**FRANKIE  
HOLLYWOOD**  
SHOW

WITH  
**MJ**



#### WINNIPEG

AirSource  
212 Henderson Hwy.  
(204) 989-2954

AirSource  
1200 McPhillips St.  
(204) 989-2927

AirSource  
671 Pembina Hwy.  
(204) 925-1260

AirSource  
2599 Pembina Hwy.  
at Bison Dr.  
(204) 261-1234

AirSource  
University Centre  
University of Manitoba  
(204) 987-3444

AirSource  
Portage Place  
(204) 946-0721

AirSource  
2609 Portage Ave. at Moray  
(204) 954-2939

AirSource  
1500 Regent Ave. W  
(204) 988-3080

AirSource  
St. Vital Centre Kiosk  
(204) 989-2939

AirSource  
St. Vital Centre  
(204) 989-2940

SI Wireless Communications  
1132 Portage Ave.  
(204) 231-1600

SI Wireless Communications  
661 Corydon Ave.  
(204) 231-1650

SI Wireless Communications  
Winnipeg Square  
(204) 944-8070

Teleco  
Kenaston Common  
(Kenaston at McGillivray)  
(204) 947-9570

Teleco  
948 St. James St.  
(204) 831-1234

**SELKIRK**  
Nickel Communications  
3-344 Main St.  
(204) 482-9667

**STEINBACH**  
Nickel Communications  
Unit H - 197 Main St.  
(204) 326-4988

**WINKLER**  
Nickel Communications  
9 - 820 Triple E Blvd.  
(204) 325-4121

**BRANDON**  
Teleco  
Unit B3 - 11288 18th St.  
(204) 727-0100

**NEEPAWA**  
Neepawa True Value  
268 Hamilton St.  
(204) 476-2333

**STONEWALL**  
TMC Distribution  
325 Main St.  
(204) 467-2014

**PORTAGE LA PRAIRIE**  
Reimer Antenna Service  
1000 Saskatchewan Ave. W  
(204) 857-9001

**SWAN RIVER**  
Sears Swan River  
619 Main St.  
(204) 734-4541

**DAUPHIN**  
North of 51 Designs &  
Computers  
12 2nd Ave. NW  
(204) 638-7148

**THOMPSON**  
City Centre Mall  
(204) 677-3212

**THE PAS**  
Sound Innovations  
317 Fischer Ave.  
(204) 623-7171

**FLIN FLON**  
Sears Flin Flon  
35 Main St.  
(204) 687-7581



#### WINNIPEG

Kildonan Place  
(204) 667-8248

Garden City Shopping  
Centre  
(204) 339-8895  
Polo Park  
(204) 774-2412

**BRANDON**  
Brandon Shoppers Mall  
(204) 571-6976

# The place to go... to go superfast.

STUDENTS SAVE  
UP TO **\$120**

OVER 12 MONTHS WITH SELECT PLANS<sup>1</sup>

**BONUS**  
UNLIMITED WIRELESS INTERNET  
FOR 3 MONTHS

HTC ONE™ X  
with FLEXtab™  
**\$79<sup>99</sup>\***  
with select  
3-yr. FLEXtab  
agreements

**LTE**  
beyond 4G



## THE LTE-READY HTC ONE™ X

With Beats Audio™ and 8 MP camera

Hurry into a Rogers store for a huge selection of LTE superphones.

Rogers LTE network available in select cities. See [rogers.com/coverage](http://rogers.com/coverage)

[rogers.com/superphones](http://rogers.com/superphones)

CONNECT EXCITING+ NETWORK CHAT  
TALK FRIENDS+ NETWORK LIFE TEXT FIRST+ FAST  
CHAT ACCESS+ NETWORK FREEDOM EXCITING+ FAST

Creating World-Leading  
Internet Experiences.



Offers available for a limited time and subject to change without notice. Usage subject to Rogers Terms of Service and Acceptable Use Policy. \*With new activation on any 3-yr. talk and internet plan having min. \$48 monthly service fee. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. FLEXtab balance corresponds to the sum of Device Savings Recovery Fee and the Additional Device Savings Recovery Fee. A one-time Activation Fee of up to \$35 (varies by province) may apply. 1 Available to new Rogers wireless student customers (valid student ID required) who activate a single-line plan between Aug. 9/12 and Nov. 6/12. Eligible students must register online at [www.rogerspromotions.com/students](http://www.rogerspromotions.com/students) prior to Dec. 6/12 for monthly \$10 credit. Credit will be applied so long as eligible plan is maintained. © 2012 Rogers Communications.



# SHEEPDOGS SHOW OFF NEW TRICKS

SASKATCHEWAN ROCKERS AIM TO EXCEED EXPECTATIONS WITH FOURTH ALBUM

PAGE 12



WINNIPEG

# metro

®

Tuesday, September 4, 2012



News worth sharing.

metronews.ca | twitter.com/metrowinnipeg | facebook.com/metrowinnipeg

FORD CHEVROLET DODGE GMC  
CHRYSLER KIA TOYOTA CADILLAC

✓ NEED A CAR  
✓ NEED FINANCING  
✓ NEED A GREAT DEAL

TRUCKS STARTING @ \$21K B/W CARS STARTING @ \$9 B/W  
BUSES STARTING @ \$21K B/W SUV'S STARTING @ \$29 B/W

Apply online @ 1-877-796-0505  
**AutoMallFinance.com**

**NEW & USED**

**GUARANTEED APPROVAL  
ALL LEVELS OF CREDIT**

**100'S OF VEHICLES AT SALE PRICES!**

**IF YOU CALLED US YESTERDAY  
YOU WOULD BE DRIVING TODAY!**

**AUTO MALL FINANCE 1000-1717  
WAVERLEY ST. WINNIPEG, MB**



Officers attend the scene where a woman's body was discovered Sunday. Police are not saying whether the death of the woman, identified by family as Simone Sanderson, inset, is a homicide. SHANNON VAN RAES/METRO; INSET: FACEBOOK

## Family IDs body found in North End

**Tragic end.** Family suspects foul play, but police saying little about the discovery



SHANE GIBSON  
shane.gibson@metronews.ca

Family members of a missing Winnipeg woman say a body found in the 1000 block of Main Street Sunday is that of 23-year-old Simone Sanderson, last seen in the West End Aug. 26.

While Winnipeg police did not publicly confirm the age, gender or identity of the deceased, Sanderson's uncle, Derrick Sanderson, told Metro homicide investigators have privately notified the family.

"I was shocked. When you hear something like that, you're floored right away," said Sanderson Monday afternoon. "But she lived hard that girl, the

### Quoted

"I've told her about how many young girls are missing on the street, and I told her, 'Do you want to be like that?' She used to tell me, 'No uncle, no uncle, I'm not going to be like that.'"

Derrick Sanderson

short life she lived."

Sanderson said his niece, who was the mother of a two-and-a-half-year-old son, struggled with drugs and alcohol, and was looking at starting school and working to spend more time with her son, when she went missing.

"She was working on herself, to try to get herself better," said Sanderson, who suspects his niece was murdered.

Area residents found the

body near the corner of Burrows Avenue and Main Street around 2:20 p.m. Sunday.

While forensic and homicide investigators continued to comb the scene Monday, police stopped short of calling the find a homicide.

"We don't want to jump the gun at this point with regards to providing too much information," said WPS spokesperson Const. Jason Michalyshen Monday morning. "We have to hold our cards a little bit close to our chests right now just for the sake of the investigation."

Michalyshen said more details may be released following an autopsy.

Police are going door-to-door interviewing neighbours, and anyone with information is asked to call homicide investigators at 204-986-6508 or Crime Stoppers at 204-786-TIPS.

Follow Shane Gibson on Twitter @tsigibson



# ASTIGMATISM?

LASIK corrects astigmatism more effectively than glasses or contact lenses.

**LASIK MD**  
VISION

LASIK starting at \$490/eye\*  
**FREE Consultation:** 1-855-894-2020  
lasikmd.com/astigmatism

\*Prices are subject to change without prior notice and are based on individual eye exams. Not all patients are eligible for surgery on both eyes only. Other conditions may apply.



## Fire deemed suspicious

Police say a fire that started in a stack of wood pallets behind a Weston area business over the weekend is suspicious. Fire crews were called to the rear of the business near the corner of McPhillips Street and Jarvis Avenue around 9:30 p.m. Sunday where a fire caused \$5,000 damage. No one was injured. **METRO**



## House blaze an accident

Foul play is not suspected after fire caused about \$75,000 in damages to a home Louelda Street in the Valley Gardens area just after 3 a.m. Monday. No one was injured in the blaze, and the cause has been deemed accidental. **METRO**

## Multiple incidents. Tragedy casts shadow over long weekend

The long weekend was a tragic one after at least four people died after highway collisions and boating mishaps.

Saturday, a 29-year-old man died after being ejected from the van he was traveling in after the van rolled in the RM of Alonsa on Hwy. 278. Ste Rose du Lac RCMP said the rollover happened at about 4:30 a.m. and involved no other vehicles.

The 21-year-old driver and another 29-year-old man were not hurt. The victim was not wearing a seatbelt, said RCMP.

A 59-year-old Winnipeg man is also dead after his truck rolled over on Gosselin Road near St. Malo. The truck rolled at about 1 p.m. on Saturday. The man was taken to hospital in critical condition where he died. His name will not be released.

Sunday around 6 p.m., an adult man died after his Jaguar collided head-on with a southbound Cadillac SUV on Highway 330. Headingley RCMP said a GMC SUV was also part of the collision. An adult woman from the Cadillac SUV was taken to hospital with undetermined injuries. The two women in the GMC SUV were not injured. The man has been identified by family as Kody Maines, 19, of Winnipeg.

RCMP said the highway was closed until about 10 p.m. The investigation continues into all three collisions.

Residents of Cross Lake, Man. were worried for the well-being of a local 68-year-old man after his boat was found running in circles with no one aboard. The man had gone fishing earlier in the day on Saturday.

Local residents, volunteers, emergency services and Cross Lake RCMP continued the search through Sunday. At 7:30 p.m. that day, searchers found the man's body. His name will not be released.

ELISHA DACEY/METRO

# 19-year-old crash victim 'a great kid'

**Highway collision.** Cause of crash that claimed Dakota Collegiate graduate under investigation



ELISHA DACEY  
elisha.dacey@metronews.ca

Friends and family have identified the man who died in a crash near the perimeter highway on Sunday as Winnipegger Kody Maines, 19.

Kody was killed when the Jaguar he was driving collided head-on with a Cadillac SUV on Highway 330 just south of the perimeter Sunday night. RCMP Const. Miles Heibert said the cause of the crash is still under investigation. "We'll have to wait until they're done," said Heibert. A woman injured in the crash is still in hospital, he added.

Kody's father, Ken, described his son as a thoughtful young man who "was a bit of a comedian."

"He was a great guy. He didn't do drugs, he didn't

### Sympathy and support

A Facebook group named R.I.P. Kody Maines had more than 1,000 members Monday morning, with messages of condolences on the wall.

- "You are truly a great man and you will be missed," wrote Dylan Luke. "I wish this never happened, you never deserved this at all, I am incredibly sorry this had to happen. Rest in Peace my friend, you will never be forgotten."

drink, he was a great kid," Ken added.

"My wife and my daughter, they're pretty much ... they're basket cases," said Ken.

Ken said Kody worked with him in real estate, putting up and taking down signs, and described him as conscientious and hard-working. Kody was also part of a band and he loved sharing his music online, said Ken. Ken said the family got the phone call



Kody Maines snapped this photo of himself about a month ago. **FACEBOOK**

at about 2 a.m. from Kody's friends.

"They were just crying their eyes out."

### News in brief

## Suspect arrested in pair of Winnipeg bank robberies

A man has been arrested after a suspect robbed two Winnipeg banks within the last week.

Police were called to the first robbery at a bank in the 800 block of Empress around 1:55 p.m. last Thursday, where a male suspect demanded cash from a teller while indicating he was

armed with a weapon.

Then on Saturday a male suspect demanded cash while indicating he was armed at a bank in the 2200 block of McPhillips Street.

In each robbery the suspect made off with an undisclosed amount of cash, and no one was injured.

After an investigation by the Major Crimes Unit and the Forensic Identification Section, police arrested Geoffrey Wayne Bennett, 31, Sunday. Bennett has been charged with two counts of robbery, and has been

detained at the Winnipeg Remand Centre. **METRO**

## Arrest in random Winnipeg assault with a weapon

A woman has been arrested after a female suspect assaulted another woman with a weapon — apparently at random — in the West End early Monday.

Police were called to the corner of Sargent Avenue and Victor Street around 2:20 a.m. where

a 34-year-old woman had been injured in what police are calling an unprovoked attack.

The victim is now in stable condition, and police believe alcohol likely played a factor in the assault.

A 36-year-old woman has been arrested and faces charges of assault with a weapon, possession of a weapon for a dangerous purpose and breach of probation.

She has been detained in custody. **METRO**

## Bottle toss leads to legal trouble

A 39-year-old man is facing charges after a beer bottle was thrown from a taxicab at a Winnipeg Police Service cadets cruiser car.

At about 2:35 a.m. early Thursday morning, cadets in the area of Princess Street and James Avenue saw a passenger in a nearby taxicab throw a beer bottle at their cruiser car, causing damage to the rear passenger side. **METRO**

### Mobile news



Now your four-legged friend can sweat up a storm by your side thanks to the new trend called dogs-er-cizes. Scan the code to learn more.



# Confusion Corner about to get 6-floor makeover

**New development.** Intersection of Osborne Street and Pembina Highway will soon get a lot busier as city welcomes 'timeless' venue for office space and restaurants



**BERNICE PONTANILLA**  
bernice.pontanilla@metronews.ca

A new six-storey office building will soon become part of the landscape at Confusion Corner.

Imperial Properties Corp., a Winnipeg property management firm, will manage and administer leasing for 257 Osborne St., which has late 2013 as its comple-

tion date.

The edifice, which will have about 45,000 square feet of leasable space, will be built at the site where Bruni Auto Repair & Body Shop is currently located. Pembina Chrysler Dodge Jeep, a division of Pombcorp Automotive Group, acquired this piece of land after the owners of Bruni decided to retire.

"It'll be a beautiful and timeless-looking building," said Adrian Schulz, president and CEO of Imperial Properties Corp.

"We've already received multiple inquiries, from a couple restaurants actually, and the sign's only been up a couple of days."

Schulz said the intersection of Osborne Street and Pembina Highway has the highest traffic count in the city, getting even bigger

numbers than Portage Avenue and Main Street, and making 257 Osborne St. an office building with great exposure.

"It'll add to what (Winnipeg Transit's) Rapid Transit Corridor is doing to the area," added Schulz. "It's changing the whole area and Confusion Corridor is primed for this facelift."

Designed by SNH Architecture, the Class A office building boasts a Winnipeg first: three integrated digital, full-colour LED billboards, each measuring 10x20' and available for advertising.

It will also include ground-floor space for retail or restaurant businesses, five floors of customizable office space, each floor with 7,500 square feet, and both heated underground and ground-floor parking.



An artist's rendering of what 257 Osborne St. will look like from the front of the building. The project's completion is expected for late 2013.  
COURTESY OF IMPERIAL PROPERTIES

## Knives pulled

### Two men charged in bus stabbing

Winnipeg police have laid charges against two men after both were stabbed during a fight on a Winnipeg Transit bus over the weekend.

Police were called to Tylehurst Street and Portage Avenue around 7:10 p.m. Saturday where they met up with a 20-year-old man suffering from stab wounds to his upper and lower body.

The investigation has shown the man and another man had been traveling on an eastbound bus on Portage Avenue when a 21-year-old man got on the bus, approached them, and got in a fight with the 20-year-old.

Police allege the 20-year-old man and the 21-year-old man both pulled out knives and both sustained injuries before fleeing the bus.

Police believe both men are known to each other and the dispute appears to be ongoing.

The 20-year-old is now in stable condition and is facing charges.

The 21-year-old man, who wasn't seriously injured, turned himself in to police Sunday and is facing charges of assault with a weapon and possession of a weapon for a dangerous purpose. **METRO**

# Disraeli project to bring major traffic changes

There will be major changes to people's daily commutes this week as work continues on two Winnipeg bridges.

Southbound lanes on the new Disraeli overpass opened to traffic on Monday. Northbound lanes to the overpass and southbound lanes of the Disraeli Bridge have already

opened.

The section that is left, namely the northbound lanes of the Disraeli Bridge, are set to open later this fall, and the entire Disraeli Freeway is expected to be completed in October.

The City of Winnipeg said the Disraeli project, which is a public-private

partnership known as P3, is on time and on its \$195-million budget.

Meanwhile, the Osborne Bridge rehabilitation project is on-time and on-budget, the City of Winnipeg said Friday.

Southbound traffic was re-routed to the west side of the bridge on Monday.

## On track

# \$195 M

The public-private Disraeli project, known as P3, is on track to meet its \$195-million budget. The entire freeway is expected to be complete in October.

This means there are two

northbound lanes on the east side of the bridge and two southbound lanes on the west side of the bridge open.

The City said in a press release work will start on the median portion of the bridge and the west sidewalk will remain closed, with pedestrians asked to

use the east sidewalk.

The new median is expected to be completed by October.

**BERNICE PONTANILLA/METRO**

For new developments on the Disraeli Bridge project, visit [metronews.ca](http://metronews.ca)



**CATERING PICKUP DELIVERY**

**PROUDLY SERVING WINNIPEG SINCE 1965**

**"WE COOK ONLY WITH TRANS FAT-FREE CANOLA OIL"**

*Serving the finest*  
**Chinese food**

**TWO FREE DRINKS\***

WITH THIS COUPON ON FOOD ORDERS \$20 AND OVER

\*BEFORE TAX

**BUSINESS HOURS:**

**Lunch:**

Lunch catering 11:00 a.m. - 1:30 p.m.  
1 day advance booking. Minimum \$100.00 before taxes.

**Dinner:**

Mon. to Thurs. 3:30 p.m. - 11:00 p.m.  
Friday & Sat. 3:30 p.m. - 12:00 a.m.  
Sundays 3:00 p.m. - 11:00 p.m.  
Holidays 4:00 p.m. - 9:00 p.m.  
Last order 30 min. prior to closing.

**ORIENTAL PEARL**

**CHINESE FOOD**  
**407 MARION STREET**

**PICK UP & HOME DELIVERY SERVICE**  
**PH. 237-8985**  
**orientalpearl.ca**

## Cancer ride. Cyclist aiming to raise \$100K

Diane Klich was sitting on the fence about whether she was up to the gruelling task of cycling across the country to raise money for childhood cancer research, when she happened to email an old friend who lives in New York City to say happy new year.

The most she had ever cycled then was 60 km, riding at about 20 km/h, and with no fundraising experience the minimum \$25,000 pledge to enter the fifth annual Sears National Kids Cancer Ride was equally daunting.

Then her university pal sent a heart-stopping reply: His two-year-old daughter was battling leukemia.

"It was a sign," said the 37-year-old from Toronto.

"None of my fears could be as big as theirs were at that moment, so I just decided to sign up. At that moment I applied."

Klich will depart on the 17-day journey from White Rock, B.C., with more than 50 other cyclists from across the country on Wednesday.

Her ambitious goal is to raise \$100,000 through donations and in-kind sponsorships. As of last week, she had collected \$60,000 in sponsorship money from Metro and another \$10,000 in cash donations.

The riders will arrive in Halifax Sept. 21 after completing the 7,000-km journey.

To donate, visit [searsnationalkidscancerride.com](http://searsnationalkidscancerride.com).

KATE WEBB/METRO IN VANCOUVER



Diane Klich, seen here outside the Telus World of Science in Vancouver, will depart White Rock, B.C., with other cyclists on the 17-day cross-country Sears National Kids Cancer Ride Wednesday. KATE WEBB/METRO IN VANCOUVER

## Health. N.S. university steps up fight against student binge-drinking

Underage frosh-goers looking for a buzz stronger than that free-from-home feeling are up against new rules at Acadia University.

Efforts to quash binge drinking at the school in Wolfville, N.S., escalated after the alcohol-related death of a 19-year-old student last September. A comprehensive alcohol policy went into effect this week, as students across Canada ditch the high school

label and get their first taste of dorm life.

Acadia banned boozing in dorm rooms during orientation week, prohibited making "trophies" out of empties and put limits on the amount of alcohol a student can stockpile.

Students of legal drinking age are allowed to drink in residence, but in designated, supervised lounges.

TORENT NEWS SERVICE



The RCMP grounded a protest plane over security fears Monday in Ottawa, provoking censorship accusations from the Public Service Alliance of Canada.

CONTRIBUTED/PSAC

# Plane with anti-PM banner grounded

**Ottawa.** Union accuses Mounties of pulling down aircraft over 'political reasons'



JOE LOFARO  
Metro in Ottawa

The RCMP ordered a plane sporting a critical message about Prime Minister Stephen Harper to land at an Ottawa airport Saturday, the Public Service Alliance of Canada (PSAC) said Monday.

The RCMP said officers made a mistake and thought the plane was flying in the restricted zone of Parliament Hill. NAV Canada con-

### Quoted

"Had the RCMP been concerned about the plane's potential route, it could have easily communicated with the pilot via radio and sought clarification rather than ordering it back down to the airport."

Press release from the Public Service Alliance of Canada

firmed Monday the plane did not stray into the restricted area.

RCMP A Division spokesperson Cpl. Lucie Shorey initially denied the federal police force ordered the plane down, but she later contacted Metro saying new information had come to light.

"The RCMP is mandated with protection of Parliament Hill. The plane was perceived to be flying in

the restricted airspace," she said. "As such, the RCMP requested the plane to land and we undertook questioning of the pilot involved to determine if there was any threat. It was deemed there was not a threat."

In a press release sent by the union — which represents more than 170,000 workers in the federal public service — a spokesperson said the banner attached to

the plane read "StephenHarperNousDeteste.ca," which translates to "StephenHarperHatesUs.ca."

The banner had been flown over Montreal and other Quebec communities over the past two weeks, the release said, as part of the union's "We are all affected" campaign, which is protesting public-service job cuts.

"The PSAC believes that the RCMP terminated the flight for political reasons due to the banner, without taking the proper steps to adequately assess the situation," the release said.

Shorey said the grounding of the plane had nothing to do with the content of the banner it was flying.



Michael Clarke Duncan  
THE ASSOCIATED PRESS FILE

## Green Mile star Duncan dies at 54

Michael Clarke Duncan, the prolific character actor who earned an Oscar nomination for his performance as a death-row inmate in *The Green Mile*, is dead at age 54.

Clarke died Monday morning at Cedars-Sinai Medical Center in Los Angeles, where

he was being treated for a heart attack, said his fiancée, reality TV personality Rev. Omarosa Manigault, in a statement.

The muscular, six-foot-four Duncan, a former bodyguard who turned to acting in his 30s, "suffered a myocar-

dial infarction on July 13 and never fully recovered," the statement said. "Manigault is grateful for all of your prayers and asks for privacy at this time. Celebrations of his life, both private and public, will be announced at a later date."

THE ASSOCIATED PRESS

Eyeteck  
**LASIK+**  
clinic

**BOOK YOUR FREE  
CONSULTATION TODAY!**

**204-946-5595**

**250 Portage Ave.**

**Winnipeg**

**Price Match Guarantee**  
**We will match any competitor's price**  
**Plus give you a \$500 Coupon**

redeemable for goods & services at Eyeteck Lasik Clinic  
(Thermage, Fraxel, IPL Hair Removal, designer sun glasses & more).

Some restrictions apply.



**"Better technology  
for better vision"**





# Dialogue with Syrian rebels not on Assad's wish list

**Growing conflict.** President Bashar Assad's regime says there will be no talks before rebels are defeated

The Syrian regime said Monday there will be no dialogue with the opposition before the army crushes the rebels, the latest sign that President Bashar Assad is determined to solve the crisis on the battlefield even if many more of his people have to pay with their lives.

The statement comes a day after activists reported that August was the bloodiest month since the uprising began in March 2011.

"There will be no dialogue with the opposition prior to the Syrian army's imposition of security and stability in all parts of the country," Information Minister Omran al-Zoebi told reporters at a news conference in Damascus.

The opposition has long rejected any talks with the

## Violence continues

In the latest violence on Monday, activists said more than 100 people were killed — many of them in two air raids that knocked out large parts of buildings in the northern province of Aleppo.

- **Air attack.** Government warplanes bombed the town of Al-Bab, killing at least 19 people, and the Aleppo neighbourhood of Myasar, where 10 people, including four children, were killed.

regime until Assad is removed from power.

Muhieddine Lathkani, an opposition figure based in Britain, responded to the minister's comments by saying "the key to any dialogue will be the departure of Assad and dismantling of the regime's security agencies that committed all these crimes."

Lathkani told The Associ-

ated Press by telephone that after that happens, there could be a dialogue.

Earlier in the day, the new UN envoy to Syria acknowledged that brokering an end to the civil war will be a "very, very difficult" task.

Activists on Sunday said some 5,000 people were killed in August, the highest toll in the 17-month-old uprising and more than three times the monthly average.

At the same time, the UN children's fund, UNICEF, said 1,600 were killed last week alone, also the highest figure for the entire revolt.

Diplomatic efforts to solve the seemingly intractable conflict have failed so far. A peace plan by former U.N. Secretary-General Kofi Annan never got off the ground and Annan quit his post as special U.N. envoy. He was replaced Saturday by Lakhdar Brahimi, a 78-year-old former Algerian foreign minister.

Brahimi, who also served as a U.N. envoy to Afghanistan and Iraq, commended Annan on his work, saying he did "everything possible."

THE ASSOCIATED PRESS

## Raid

### Indonesia tackles separatists

Indonesian police have arrested a suspected separatist leader and two aides in a raid in the eastern province of Papua.

THE ASSOCIATED PRESS

## Uranium enrichment

### Foreign leader gets tour of Iranian plant

Iran on Monday gave Mongolia's president a tour of its main uranium-enrichment plant, the first time that it has opened the site to a foreign leader.

THE ASSOCIATED PRESS

## Middle East

### Church faces trouble in Gulf

Hardline Sunni clerics have strongly opposed the construction of a Roman Catholic church complex in the Persian Gulf country of Bahrain, in a rare open challenge of the country's Sunni king.

THE ASSOCIATED PRESS



## Turks protest recent killings

Thousands of protesters took to the streets in Ankara, Turkey, on Sunday to condemn terrorism. A Turkish official said Kurdish rebels have attacked security posts in the town of Beytusebap, Turkey, near the border with Iraq late Sunday, killing nine security personnel.

THE ASSOCIATED PRESS

**Manitoba Lotteries manyfest**

All together downtown

COME CELEBRATE

COMMUNITY • ARTS • ENTERTAINMENT • HEALTHY LIVING

CICLOVIA • LIGHTS ON BROADWAY • BIG DANCE ON BROADWAY • GIANT MOVIE IN THE PARK

**EVENT SPOTLIGHT**

**LIGHTS ON BROADWAY**

Walk or cycle down Broadway in a living Parade of Lights!

Find out how to join the Parade at:

**manyfest.ca**

WINNIPEG 10+10 EVENT • FARMERS' & ARTISANS' MARKET • TASTE OF DOWNTOWN WINE & CHEESE FESTIVAL • MINIFEST KIDS' ZONE

**September 7 – 9**

**www.manyfest.ca**

**ON BROADWAY**

HOST SPONSOR



TITLE SPONSOR



SUPPORTING SPONSORS



GOLD SPONSORS



EVENT SUPPORTERS



FRIENDS



MEDIA SPONSORS



## Europe's Beauty Secret

Fewer lines and wrinkles, thicker hair, stronger nails and denser bones.

*Clinically Proven!*

Collagen is the key. Molecular biologists have pinpointed the key structural protein for creating smooth skin, thick strong hair, and strong nails. It's your body's beauty protein, collagen. During youth, you have a rich abundance of collagen. In addition, the collagen forms itself in a resilient "tight mesh" matrix. This "ideal" collagen condition prevents wrinkles from forming, gives skin elasticity, helps create thick, beautiful hair and strong nails. But over the years, collagen diminishes.

**Starting at age 21, collagen diminishes by 1% per year.** By age 30, signs of reduced collagen on skin, hair and nails become visible, not to mention the increase risk of fracture for bones.

Say the words "healthy bones," and the first word that probably pops up is calcium, but did you know that bones are made up of 30% collagen? Collagen provides strength and flexibility to bones. When collagen diminishes – your risk of fracture increases!

Now, genuine collagen regeneration is possible with clinically proven **BioSil™**. **BioSil**, a patented choline-stabilized orthosilicic acid (ch-OSA®) complex, helps your body to generate its own collagen to provide support for denser and more flexible bones as well as beautiful skin, hair and nails. **BioSil** has been tested in rigorous double-blind placebo controlled trials for both efficacy and safety.

**Regenerate Collagen with BioSil, the only clinically proven product with ch-OSA – the most absorbable form of silicon.**

**Fuller, thicker hair...** *One supplement I have discovered recently and fell in love with is BioSil. I can safely say that this stuff made a huge difference in my hair... Whatever grew was fuller, thicker... I noticed a dramatic improvement in not only the quality of the new hair growth but the rate at which it was growing... Beauty Blogger Ellie S.*

Ask for BioSil at  
your local Health  
Food Store



**COUPON** \$3<sup>OFF</sup> **BioSil™**  
Liquid or Capsules ANY SIZE  
Only at your local Health Food Store

MANUFACTURER COUPON - TO THE RETAILER: For redemption, mail to:  
Preferred Nutrition, 153 Perth Street, Acton, ON L7J 1C9 Expiry: November 30, 2012 Code: 05-088

**Preferred Nutrition PNO.CA**

CUSTOMER SIGNATURE  
REQUIRED FOR VALIDATION

# Romney's vision like watching TV in black and white: Obama

**Working it.** Democrats deliver economic message in key swing state; Republicans characterize Obama as a failed president

Barack Obama on Monday laid out the theme his party will hammer home at the Democratic National convention this week, declaring that Republican challenger Mitt Romney wants to lead the U.S. with failed and outdated ideas that harken to the last century.

Obama was speaking in a pre-convention campaign swing to members of the United Auto Workers Union in Toledo, a city like many in Ohio where the economy is heavily dependent on the auto industry. Obama injected that industry with huge amounts of government money in the earliest days of his administration, preventing General Motors and Chrysler Corp. from likely going out of business and laying off more than one million workers.

Romney opposed the auto bailout and accuses Obama of profligate government spending that Republicans contend has done little to lift the country out of the economic morass after the Great Recession and near meltdown of the country's financial system, events that date to the presidency of Republican President George W. Bush.

The Republicans showed their political arguments last week during their convention in Tampa, Fla., where Romney was officially nominated. The theme of that gathering: Obama is a failed president.

The Democrats are fighting back. Obama said on Monday that watching the Republicans was like seeing an old television program in black and white.

Ohio is perhaps the most critical state for both candidates on Nov. 6, Election Day. It is one of seven so-called swing states, which will determine the outcome of the vote. Those states do not reliably vote for the presidential candidate of one party or the other.

As Obama issued a rousing call for the support of working men and women on Labour Day, his campaign surrogates were trying to put their economic message back in positive territory.

The campaign was trying to recoup after a weekend in which key Democrats acknowledge Republican claims that Americans are not better off four years after the president



U.S. President Barack Obama waves to supporters after speaking at a campaign event at Scott High School Monday in Toledo, Ohio.

TONY DEJAK/THE ASSOCIATED PRESS

swept into the White House on a message of hope and change.

From Toledo, Obama planned to travel to Louisiana to meet emergency personnel who have been labouring to restore power and tend to thousands of evacuees from flooded lands in the aftermath of Hurricane Isaac last week.

Romney, meanwhile, said the Labour Day holiday marked "another day of worrying" for too many Americans anxious about finding a job.

Romney hit the economic theme hard in a statement marking Labour Day as "a chance to celebrate the strong American work ethic" adding: "For far too many Americans, today is another day of worrying when their next paycheck will come."

Obama's backers were up early to try a morning do-over of his supporters' less-than-rosy answers Sunday when asked to answer the classic

campaign question: Are Americans better off than they were four years ago?

"Absolutely," said Stephanie Cutter, Obama's deputy campaign manager, speaking on NBC television. "By any measure the country has moved forward over the last four years. It might not be as fast as some people would've hoped. The president agrees with that."

Martin O'Malley, Maryland's Democratic governor, had answered the same question with a "no" on Sunday before turning the blame to Bush. Appearing Monday on CNN, O'Malley tried a more positive turn of phrase, saying, "We are clearly better off as a country because we're now creating jobs rather than losing them. But we have not recovered all that we lost in the Bush recession. That's why we need to continue to move forward" under Obama.

THE ASSOCIATED PRESS

### According to the pollsters

Polls show the close race between two candidates with polar-opposite political philosophies, especially on the economy, depends on who can convince a majority of voters they can lead the U.S. out of the stubborn economic doldrums, a weak recovery from the recession and 8.3 per cent unemployment.

- Those polls show most Americans continue to

fault Obama's predecessor, George W. Bush, as author of the economic malaise.

- But most Republicans blame Obama for failing to turn things around during his first term.
- Romney, polls show, is favoured as the best candidate to handle the economy, although Obama is seen as the more likable choice.



# Muslim cleric accused of planting evidence on mentally-challenged girl

**Pakistan.** Member of mosque says Qur'an pages were put in girl's bag to make it seem like she burned holy book

Pakistani police are investigating whether a Muslim cleric who allegedly tried to frame a Christian girl for blasphemy should be charged with insulting Islam himself and potentially face life in prison, a police officer said Monday.

Khalid Chisti was arrested Saturday after a member of his mosque accused him of stashing pages of a Qur'an in a Christian girl's bag to make it seem as if she had burned the Islamic holy book. He allegedly planted the evidence to push Christians out of his neighbourhood in Islamabad. He has denied the allegations.

The case has generated significant international attention because of reports that the girl is as young as 11 and is mentally handicapped. She has been held in prison for over two weeks, and will remain there until at least Friday after

her bail hearing was postponed for a second time Monday, said her lawyer, Tahir Naveed Chaudhry. The court adjourned the hearing until then because of a lawyers' strike, he said.

Police registered a blasphemy case against Chisti on Monday for allegedly desecrating the Qur'an, said police officer Munir Jafferi. If he is charged by a court and convicted, he could face life in prison, said Jafferi.

A separate section of Pakistan's blasphemy laws says insulting Islam's Prophet Muhammad carries the death penalty.

Police are also contemplating levelling additional charges against Chisti, such as fraud, planting evidence and making false allegations, said Jafferi.

Police arrested the girl from her neighbourhood in Islamabad over two weeks ago after an angry mob of several hundred appeared at a local police station, demanding action against her for alleged blasphemy. Police said at the time that they took her into custody partly to protect her from potential harm.

People accused of blasphemy, even those who aren't

## Blasphemy laws

- Human-rights activists have long criticized Pakistan's harsh blasphemy laws, saying they are misused to persecute non-Muslims and settle personal vendettas. They have hailed Khalid Chisti's arrest as unprecedented and hope it will prevent false blasphemy accusations in the future.

convicted, often face vigilante justice by outraged Pakistanis. A Pakistani man accused of blasphemy in July was dragged from a police station in the centre of the country, beaten to death and his body set on fire.

Christians in the girl's neighbourhood left the area en masse as soon as the accusations surfaced, fearing retribution from their Muslim neighbours.

The girl's supporters say she is 11 years old and has Down syndrome; a medical board said she was about 14 and that her mental age didn't match her physical age.

THE ASSOCIATED PRESS



## Monsoon over Mumbai

A worker pulls his cart through a flooded street during monsoon rains in Mumbai, India, on Monday. The monsoon rains, which usually hit India from June to September, are crucial for farmers whose crops feed hundreds of millions of people. RAJANISH KAKADE/THE ASSOCIATED PRESS

## Kenyan cleric charged after deadly protests

A cleric who the UN says has urged the killing of U.S. citizens has been charged in court with inciting violent protests that left four people dead last week in Kenya's second-largest city.

Abubaker Shariff Ahmed appeared before the court

Monday in the port city of Mombasa after an arrest warrant was issued. He denies the charges.

Violent protests erupted in Mombasa last week following the assassination of hard-line Muslim preacher Sheikh Aboud Rogo Mohammed, a

close friend of Ahmed's.

Both men were under a travel ban and asset freeze by the UN Security Council and the United States for supporting the al-Qaida-linked Somali militant group al-Shabab.

THE ASSOCIATED PRESS



# FORT WHYTE BY-ELECTION

## Today is election day

### Fort Whyte voters:

Voting places are open from 7 a.m. to 8 p.m.

### Where do I Vote?

Your Enumeration Record tells you where to vote. You can also contact the returning office or check our website.

### Not enumerated: you can still vote

Just bring government issued photo ID or two other documents with your name to the voting place.

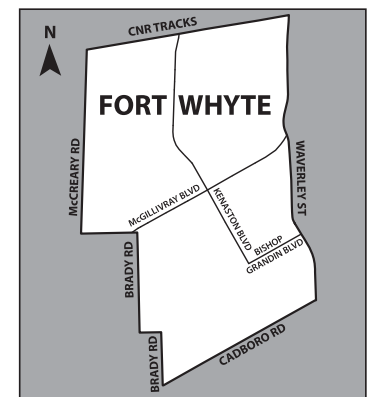
### Questions?

Fort Whyte Returning Office

204 948-0512

ROFortWhyte@elections.mb.ca

You must live within the Fort Whyte boundaries to be eligible to vote.



You must also be 18 years old, a Canadian citizen and have lived in Manitoba for the past six months.

www.electionsmanitoba.ca

ElectionsManitoba





Call your family overseas... *on us!*



INDIA

1000 Minute bundle  
for only \$10/month

1¢  
/minute



Unlimited  
CANADA

Unlimited calling to  
anywhere in Canada

\$5  
/month

We'll beat all competitors rates...  
We guarantee it!



Cuba  
89.9 ¢/min



Croatia  
2.9 ¢/min



Bangladesh  
3.9 ¢/min



Dominican Republic  
3.9 ¢/min



Mexico  
1.9 ¢/min



Pakistan  
3.9 ¢/min



Philippines  
10.9 ¢/min



Kazakhstan  
4.9 ¢/min



Ukraine  
8.9 ¢/min



Israel  
1.9 ¢/min



Vietnam  
3.9 ¢/min



Iran  
4.9 ¢/min

**\$25 FREE**

to call anywhere in the world  
No contracts, No commitments



Download our Comwave  
Mobile App

3 Days Free Trial



BlackBerry  
App World

**1-866-518-0237**

[www.comwave.net](http://www.comwave.net)

While Comwave offers its services as a convenience, Comwave reserves the right to limit any and all telephone information at any time. LONG DISTANCE Service fees (including local or long distance) are subject to change without notice. Comwave will not be responsible for any service interruptions, including but not limited to, service interruptions due to network congestion or other factors. Comwave will not be responsible for any service interruptions, including but not limited to, service interruptions due to network congestion or other factors. Comwave will not be responsible for any service interruptions, including but not limited to, service interruptions due to network congestion or other factors.





Why pay \$30, \$40 or even \$50  
for a *home phone line*?



**Unlimited  
LOCAL**

Unlimited local calls plus over 14 FREE features

**\$14.95**  
/month



**Unlimited  
CANADA**

All the features free plus unlimited Canada-wide long distance

**\$19.95**  
/month



**Unlimited  
GLOBAL**

All the features free plus unlimited long distance to almost 60 countries

**\$29<sup>95</sup>**  
/month



**Limited Time Offer:**

# 6 Months FREE



**Ranked #1**  
Home Phone Service  
*Consumer Choice Award*

**1-866-518-0237**  
[www.comwave.net](http://www.comwave.net)

[illegible]

# Labour Day parade promotes solidarity

**'Unite Against Austerity':** Ontario's teachers, public-sector workers march against new legislation

Thousands of people took to the streets in downtown Toronto on Monday to celebrate in annual Labour Day festivities.

The theme of this year's march and rally was "Unite Against Austerity" and brought together members from various unions across the province.

Parade organizer John Cartwright said it was important for workers to send the message that they will not accept an austerity agenda from the provincial government.

"People are here to express their anger," said Cartwright, president of the Toronto and

York Region Labour Council.

In the past few weeks, Ontario's teachers have been in a labour dispute with the provincial government over new legislation that will freeze their wages for at least two years.

The Liberals have also warned that other public-sector workers may also face a similar fate.

Cartwright said the large turnout was a signal that the labour movement is still going strong in Canada.

"This is a day about unions and our roles in society," he said.

"It's the labour movement that have taken poverty wage jobs in manufacturing, construction and elsewhere and turned them into decent jobs where people can raise a family on. That's been our historical role in society."

Those taking part in the pa-

## The rich get richer

**"The politicians are happy to give billions in corporate tax cuts and say to ordinary people, 'You have to tighten your belts.'"**

John Cartwright, parade organizer and president of the Toronto and York Region Labour Council

rade included members of the Ontario Federation of Labour, Canadian Auto Workers, Canadian Union of Public Employees, and federal and provincial New Democrats.

Labour day events were also scheduled in several other locations across the country.

For more than a century, Labour Day has been celebrated on the first Monday of September each year. **THE CANADIAN PRESS**



## Murdoch protege in court

Rebekah Brooks, former chief executive of News International, arrives at Westminster Magistrates Court in London on Monday. The Rupert Murdoch protege has been formally charged with conspiring to hack into the phones of hundreds of well-known people and their associates. Brooks, who quit her position when the phone-hacking scandal exploded last year, has vowed to fight the charges.

SANG TAN/THE ASSOCIATED PRESS

### Sweden

## Hackers jam military websites

Swedish government websites were jammed by hackers for hours Monday, with some supporters of WikiLeaks founder Julian Assange claiming responsibility on Twitter.

**THE ASSOCIATED PRESS**

### Kenya

## Nearly 280,000 teachers strike

Union organizers say nearly 280,000 teachers in Kenya are staying away from work to demand long-overdue pay raises, paralyzing resumption of classes after holidays.

**THE ASSOCIATED PRESS**

## Cambodia. Officials arrests file-sharing site co-founder

A co-founder of popular file-sharing website The Pirate Bay was arrested in Cambodia at the request of Sweden, where he faces a one-year prison term for violating copyright laws, authorities said Monday.

Cambodian authorities arrested Gottfrid Svartholm Warg on Thursday at a home he had rented in the capital, Phnom Penh, said national police spokesman Kirth Chantharith.

"He is being detained in Cambodia and we are waiting to expel him," Chantharith said.

Cambodia has no extradition treaty with Sweden but has requested details of Svartholm Warg's crime in order to process his handover, he said, adding that Cambodia would act as quickly as possible.

Svartholm Warg and the site's three other founders were convicted in 2009 by a Swedish court of assisting copyright infringement by helping millions of the site's users to illegally download music, movies and computer games. All were sentenced to one year in prison and ordered to pay 30 million kronor (\$3.6 million US) to entertainment companies, including Warner Bros., Sony Music Entertainment, EMI and Columbia Pictures.

Svartholm Warg failed to show up at an appeal hearing in 2010. In 2010, his defence attorney told the court he had received text messages from Svartholm Warg's mother saying her son had fallen ill in Cambodia and would not appear in court.

**THE ASSOCIATED PRESS**

## Looking for Sales Gold

## Then you need Olympic Style Dedication & Commitment.



**Sandler Training**  
Finding Power In Reinforcement®

Training • Coaching • Consulting  
**204-668-2803**



After 5 great years at Kenaston, Gord's Ski and Bike is going back to one store in Winnipeg! Everything at Kenaston has got to go!

## SALE ON NOW!

SALE ENDS WITH THE CLOSING OF KENASTON ON SEPTEMBER 15TH AT 6:00pm  
(OR WHENEVER WE RUN OUT OF STUFF!)

Sale details at [www.Gords.com](http://www.Gords.com)

**CLOSING Kenaston**

Save up to

**60% off**

everything at our Kenaston location!



Kenaston will be Open Sat 9-6, Sun 12-5, Monday to Friday 10-9. Doors will close at 6pm on the 15th of September. Both our Donald and Banff locations will remain open after that date.

Our goal now in Winnipeg is to refocus on our core business at #2 Donald with Better service, better selection and better knowledge. We certainly hope you'll continue to come and see us for all your ski, bike, snowboard, outerwear and service needs at our Donald Street store, in Banff and online on facebook and at [Gords.com](http://Gords.com).

**[gords.com](http://gords.com)**



# SUMMER BUMMER – THE SEASON THAT CAME AND WENT TOO SOON



**SHE SAYS...**  
Jessica Napier  
metronews.ca

They say that the third Monday in January is technically the most depressing day of the year. Of course, Blue Monday is actually just the result of a pseudo-scientific equation devised for a travel company

as a way to sell post-holiday getaway packages. Personally, I think today, the Tuesday immediately following Labour Day, might have Blue Monday beat on the gloom-o-meter. Let's call it, 'Weep all over your Keyboard Tuesday.'

Every year, the Labour Day long weekend comes and goes as a bittersweet farewell to summer. After a three-day final hurrah, it's time to roll up those picnic blankets, stow away the denim shorts and wake up from our collective summer dream that has filled the past few months with warm breezes and cool cocktails.

## Stuff your knapsack

Back-to-school isn't just one day; it's a month-long season stretching out between the end of summer and thanksgiving. There is a shift in the atmosphere right now — the world is getting a little more serious as the rat race begins again.

Back-to-school isn't just one day; it's a month-long season stretching out between the end of summer and Thanksgiving. There is a shift in the atmosphere right now — the world is getting a little more serious as the rat race begins again.

Today, you will return to normality and have the same water-cooler conversation over and over again about how quickly the summer flew by. Rationally, we all know it came and went in the exact same number of days and hours that it always has, but our collective groaning and post-Labour Day dialogue is just part of the grieving process.

In the spirit of back-to-school shopping and commerce-curing emotional anguish, I felt compelled to shop for a fresh new outfit. I tried to cheer myself up with a back-to-work ensemble, but all the burgundies and browns and classroom-themed window displays sent me running back to my wardrobe to clutch my floral dresses in despair. I can't let go, it's too soon.

As the vitamin D deprivation sets in, I will try my hardest to get excited for pumpkin spice lattes and apple picking, but I know that part of me will always be yearning for humid air and endless daylight.

I guess we would never appreciate the warmth of summer without the cool breeze of fall.



A post-Labour Day groan underpins many conversations starting today.

DOMINIC LIPINSKI/THE ASSOCIATED PRESS

# Another prince makes headlines

## Don't look down

### Duke of York takes a stroll

After Prince Harry's adventures in Vegas, another member of the royal family gets into trouble.

At least Prince Andrew had chosen to be a spectacle, with this daring abseil down London's Shard — the tallest building in Europe.

The daredevil Duke of York performed the stunt for educational charity The Outward Bound Trust, along with Ffion Hague — a fellow trustee and wife of the foreign minister — and several other participants.

Former pilot Andrew revealed he had the Queen's approval.

METRO



All smiles: Prince conquers Shard

## Royal stunts

### Andrew not the only thrill-seeker

- **Prince William.** Harry's brother landed a helicopter in his girlfriend's garden in 2008. The army described it as "sheer stupidity."

GETTY IMAGES PHOTOS

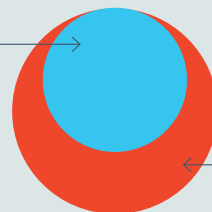


Register at [metropolitanpanel.ca](http://metropolitanpanel.ca) and take the quick poll

## What's your shopping style?

33%  
FRUGAL.  
I HAVE ALL  
THAT I NEED.

0%  
EVERYTHING  
I WANT, I GET.



67%  
I SLEEP ON IT  
BEFORE  
MAKING A  
MAJOR  
PURCHASE



## Twitter

### @mrestyle:

The main question is for this Dylan show is do I grow a God Dylan pencil moustache? Last time I was criticized heavily by strangers & family

### @adamvincentylar:

Thinking of wearing my Winnipeg Blue Bomber cap for painting today. Already took a shel-lacking yesterday, so no big deal. #winnipeg #ohblue

### @BakCardi:

You know it's a slow day on Twitter when "Winnipeg" is trending nation-wide.

### @wpgjets2011:

I wonder how much it would cost to bring back Lyle Bauer and Mike Kelly? #NoReally

### @lindseywhite:

There are some mornings where my ipod shuffle function & I are in perfect synch. This is one of those mornings.



President Bill McDonald • Vice-President & Group Publisher, Metro Western Canada Steve Shroat • Editor-in-Chief Charlotte Empey • Deputy Editor Fernando Carneiro • National Deputy Editor, Digital Quin Parker • Managing Editor, Winnipeg Elisha Dacey • Managing Editor, News & Business Amber Shortt • Managing Editor, Life & Entertainment Dean Lisk • Vice-President, Sales Quin Millar • National Sales Director Peter Barfrem • Sales Manager Allison Zulyniak • Distribution Manager: Rod Chivers • Vice-President, Business Ventures Tracy Day • Vice-President, Creative Jeff Smith • Vice-President, Marketing & Interactive Jodi Brown, Vice-President, Finance Phil Jameson • METRO WINNIPEG 161 Portage Ave E Suite 200 Winnipeg MB R3B 2L6 • Telephone: 204-943-9300 • Fax: 888-846-0894 • Advertising: 204-943-9300 • [adinfo@winnipeg@metronews.ca](mailto:adinfo@winnipeg@metronews.ca) • Distribution: [winnipeg\\_distribution@metronews.ca](mailto:winnipeg_distribution@metronews.ca) • News tips: [winnipeg@metronews.ca](mailto:winnipeg@metronews.ca) • Letters to the Editor: [winnipegletters@metronews.ca](mailto:winnipegletters@metronews.ca)

## DVD reviews



### The Five-Year Engagement

Director. Nicholas Stoller

Stars. Jason Segel, Emily Blunt

The Five-Year Engagement pairs actors Jason Segel and Emily Blunt in a believable story about how fate and career choices can get in the way of best-laid plans, including marriage. Director Nicholas Stoller guided Segel in forgetting Sarah Marshall and shares writing credits with him here. But it's producer Judd Apatow who keeps this frothy film from hitting it out of the rom-com ballpark. To Apatow, any joke worth doing is worth doing two or three times. You like that karaoke scene where the moron pal sings off-key embarrassing stuff? Get ready to see versions of it again and again. Engagement has a few good laughs and some home truths about the difficulties of maintaining personal relationships. Segel and Blunt are convincing as star-crossed lovers Tom and Violet. It's particularly good to see Rhys Ifans cast against type as Violet's reptilian boss. Now if only Apatow had a pair of scissors.

PETER HOWELL

## On the web



Pearl Jam closes Made in America festival with help from Jay-Z; Drake, Run DMC also perform.



The Sheepdogs recorded their latest material in Nashville. GETTY IMAGES

# Sheepdogs don't stop at Rolling Stone cover

**New album.** Saskatchewan rockers release fourth album and cast their eyes to a southern invasion

IAN GORMELY  
scene@metronews.ca

With all due respect to Dr. Hook, there's far more to the Sheepdogs than a picture on the cover of the Rolling Stone.

The Saskatoon rockers hope to meet — or, says lead singer and guitarist Ewan Currie, exceed — expectations of the band with their new self-titled album.

While the quartet have ex-

ploded at home in Canada, in the U.S., they're still just that band who won a fan-voted contest that landed them the cover of the venerable magazine.

"Like, who are these guys, some American Idol thing?" jokes Currie of the band's image down South. "But I'm fully confident that we can back it up."

As he should be. The band's latest album, their fourth, was produced by the Black Keys' drummer Patrick Carney and marks a great leap forward for them, stepping out from behind their influences to showcase their tremendous sense of pop song craft.

The band met Carney at a festival in New York last year, and from the get-go it was clear that the drummer was look-

ing beyond a cursory meet and greet. "He was very interested to know what we were going to do for our next album," recalls Currie.

"It was more than a casual question. 'I was like, 'Why are you so invested.'"

Never one to look a gift horse in the mouth, the band asked Carney if he was interested in producing their follow up to 2010's Learn and Burn. At first Carney declined due to scheduling conflicts, until a two-week window opened up this past January. The band quickly assembled the material they had and headed to Nashville to record.

"It was as rushed, as is everything else we've done in the last year and a half, but I don't think we felt like we made it under any sort of duress," says Currie.

## Penning tunes

### Old is new again

Since the Rolling Stone cover contest, the Sheepdogs have been on a whirlwind schedule of gigs, appearances and press commitments, leaving them little time to write. Currie would demo new material on his laptop and then send tracks to Carney for feedback. The band brought several older songs to the sessions including the track Never Gonna Get My Love, which the band originally recorded four years ago but never released.

## School's In.

Your kids' classrooms are changing.

Find out how culture, class size & community impact your child.

Tune in all week for this special programming.



### Morning Radio

with Terry MacLeod and Marcy Markusa  
on CBC Radio One 89.3 FM / 990 AM  
from 5:30 to 8:30 am



### CBC News Winnipeg

with Janet Stewart and Mitch Peacock  
on CBC Television  
5, 5:30 & 6 pm



For more information visit [cbc.ca/manitoba](http://cbc.ca/manitoba)



CBCnews



# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## The Word



### Klum's spurned ex won't keep lips 'sealed'

When photos surfaced of Heidi Klum vacationing with her bodyguard, Martin Kristen, in Italy over the weekend, it didn't quite look like anyone was on the clock. Klum's ex-husband,

Seal, was more than happy to confirm the rumors.

"I would have preferred Heidi show a little bit more class and at least wait until we separated first before deciding to fornicate with the help, as it were," the singer told TMZ when asked for a comment on the photos, which show Kristen and Klum with their arms around each other.

"But I guess you now all have the answer that you've been looking for for the past seven months."

Usually, we'd feel gross still talking about a couple who separated almost eight months ago, but you'll remember that these two made us watch as they renewed their vows every year. Plus, they have "help" to "fornicate" with — they'll be OK.

## Crowe gets a little coast guard help on kayak excursion

Russell Crowe got an assist from the U.S. Coast Guard while kayaking off the coast of Long Island over the weekend when nightfall forced Crowe and a pal to come ashore 15 kilometres east of where they'd set out, according to the Associated Press. "It wasn't really a rescue. Really, more of just giving someone a lift," says Coast Guard officer Robert Swieciki, who heard Crowe yelling around 10 p.m.



## Twitter



@ParisHilton

Fun #GirlsNightOut at M2 in Shanghai last night! #Models&Bottles ;)



@BetteMidler

Made @juliachilds clafoutis w/our own blueberries. Looks-3, taste 10. Ate it all. Rolling in my sleep.



@billmaher

Leaving Leno taping — still fun to do the Tonight Show after all those years; but will I watch it tonight? I never watch myself!



@BobNewhart

Performing standup is a narcotic that I need — even if I do it a few times a year. Traveling is inconvenient but worth it to make people laugh



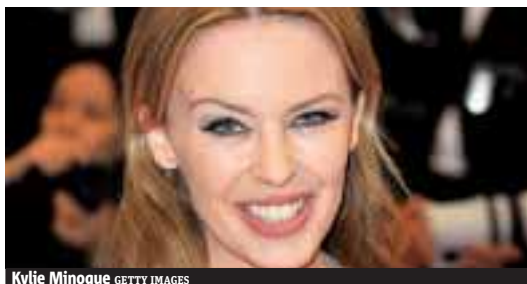
Clint Eastwood THE CANADIAN PRESS

## Obama's still a fan of Clint Eastwood after GOP convention ribbing

Pundits may be scratching their heads after Clint Eastwood's bizarre rant against President Barack Obama at the Republican National Convention, but the U.S. President himself isn't mad at the famous actor and director. "I am a huge Clint Eastwood fan," Obama told USA Today. "He is a great actor and an even

better director. I think the last few movies that he's made have been terrific." And as for whether he found Eastwood's remarks offensive?

"One thing about being president or running for president — if you're easily offended, you should probably choose another profession," Obama says.



Kylie Minogue GETTY IMAGES

## Kylie Minogue loves the glamour that comes with fame

Kylie Minogue has been at the pop star business for a while, but she's never gotten used to some of the trappings of fame — like limousines. "I find them embarrassing," she tells the Independent. "I'm like, 'Please don't send a limousine!'" Minogue admits that being famous has given her the chance

to work out whatever glam desires she may have. "I love to have this glamorous life sometimes, and if I didn't have any of that, I would probably be dressing up a bit more each day or going out on the weekend and making a real effort. But I get to live out those fantasies on stage, in videos or photo shoots."

**ENTER FOR YOUR CHANCE TO WIN**  
**THE LIMITED EDITION HARRY POTTER WIZARD'S COLLECTION**  
ALL 8 FILMS, EXCLUSIVE NEVER-BEFORE-SEEN CONTENT & MUST-HAVE MEMORABILIA



©2012 Warner Bros. Entertainment Inc.  
To register and for full contest details visit [clubmetro.com](http://clubmetro.com)  
Don't forget to like us on Facebook! [facebook.com/clubmetrowinnipeg](https://www.facebook.com/clubmetrowinnipeg)

VISIT [clubmetro.com](http://clubmetro.com) TO ENTER

**YOU COULD WIN**  
A PASS FOR TWO TO A SPECIAL ADVANCE SCREENING OF **RESIDENT EVIL: RETRIBUTION!**



THE ULTIMATE BATTLE BEHIND

ALLIANCE FILMS

To register and for full contest details visit [clubmetro.com](http://clubmetro.com)  
Don't forget to like us on Facebook! [facebook.com/clubmetrowinnipeg](https://www.facebook.com/clubmetrowinnipeg)

VISIT [clubmetro.com](http://clubmetro.com) TO ENTER

## New blog

**Editor aims to lose half of herself**

**Metro Winnipeg Managing Editor Elisha Dacey.**  
BERNICE PONTNAILLA/METRO

Two hundred ninety-five.

Spelling it out makes it seem even worse. Either way, 295 is the scariest number I've ever written.

It's the number my little white scale flashed at me the last time I stepped on it. I think I heard it sigh in relief when I stepped off. Or, it could have been my knees creaking. Hard to tell.

When I pitched this idea to my boss, I never thought about the fact that this number was going to be out there. Across Canada. Across the Internet. The judgment that number sets me up for scares me.

Today, I aim to become less of myself. Because they make you pick a number, mine is 145 pounds – or, half the weight I am today.

My tools: An online subscription to Weight-Watchers.ca after my doctor recommended it, a blog that will run twice a week on Metronews.ca, and my running shoes. Which have never been used for actual running and never will, because running sucks.

I will eat real food. I'm doing this the right way, because I don't ever want to do this again. Also, because I'd rather die than give up chocolate.

Join me, because if I, a workaholic mother and wife can do it, so can you.

**ELISHA DACEY'S BLOG, HALF OFF, WILL RUN EVERY TUESDAY AND FRIDAY ON METRONEWS.CA.**



Doctors are considering new methods of treating cancer in which each specific case is treated uniquely based on its characteristics. ISTOCK

# Cancer care unequal around the globe

**Research.** World Congress considers unique treatment of each patient, and the state of global cancer research

**CELIA MILNE**  
life@metronews.ca

Not all cancer care is created equal.

That was one of the resounding messages from last week's World Cancer

Congress in Montreal, which brought together more than 2,000 cancer experts from around the globe.

"We have made great strides in cancer control," Canadian expert Dr. Elizabeth Eisenhauer told Metro. "But contrast this with places where people are dying of cancer without any pain medication."

Eisenhauer was one of the speakers at the Congress. She is the director of oncology at Queen's University and Kingston General Hospital, and co-chair of the Canadian Cancer Research Alliance.

Right now in cancer research, there is a lot of buzz about identifying groups of patients that will benefit from certain medications based on their pathology results. An example of this is in breast cancer, where about 20 to 25 per cent of patients qualify for cancer drug Herceptin because their cancer is HER-2 positive.

The next frontier — which Eisenhauer says is still a long way away — is to be able to treat each patient uniquely. So while cancer treatment is getting more precise, it's not yet

personalized. "What people are getting excited about is taking the tumour and doing genetic sequencing and finding drugs for those five or 10 mutations that are unique to that individual," she says.

While wealthy countries reported great scientific progress, the news from poor countries was sobering.

"Even though there is lots to be done in cancer control in Canada, there is much more to be done globally. There is a lot of suffering that doesn't happen here."

## Best Health. Canada's Jamie Oliver lives in Stratford, Ont.



**BEST HEALTH MINUTE**  
Bonnie Munday  
Editor-in-chief  
Best Health Magazine

Did you know Canada has its very own crusader for getting kids to eat healthier?

His name is Paul Finkelstein, and his delicious, easy recipes are featured in every issue of Best Health magazine. In our September issue, on newsstands now, we have a feature article by Erin Phelan about this innovative high-school teacher and chef based at North-

western Secondary School in Stratford, Ont.

So what exactly is Paul doing to improve school nutrition?

As part of his culinary arts program, he has created the student-run — and student-named — Screaming Avocado cafe.

His students create healthy lunch choices that will appeal to kids when they're deciding what to eat for lunch: dishes like Pulled Pork on Homemade Ciabatta, and Seafood & Chicken Paella.

Meals cost just \$3 or less,

which is healthy competition for the burgers and fries sold at the cafeteria down the hall. "If you give kids a healthy choice, many of them will take it," says Paul.

His model is getting the attention of educators across Canada, including in Souris, PEI, where famed chef Michael Smith is creating a similar culinary arts program in a new school that will house a state-of-the-art kitchen, and a greenhouse.

"Paul proves that nutritional literacy belongs in schools, and when it is, kids

thrive" says Smith.

Canada is the only G8 country without a national school meal program. Nearly a quarter of Canadian kids aged two to 17 are overweight or obese, according to Active Healthy Kids Canada. And, says the Canadian branch of the Centre for Science in the Public Interest, "School meal programs help boost rates of attendance and graduation, improve performance, reduce behavioral problems and help form life-long eating patterns that can lead to longer, disability-free lives."

There would also be an economic impact. A Queen's University study found that the combined cost of physical inactivity and obesity is close to \$10 billion, or nearly five per cent of total health-care costs.

To read more about Paul Finkelstein's innovative school food program, see our September issue, on newsstands now.

**TO CLAIM YOUR FREE ISSUE OF BEST HEALTH MAGAZINE, GO TO BESTHEALTHMAG.CA/METRONEWS**

## On the Web



'Not without my iPad': Young tech-savvy docs want a real life, but don't call them slackers



# Chicken shows its very cheesy side



This recipe serves six. RYAN SZULC FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)



**ROSE REISMAN**  
for more, visit  
rosereisman.com

I initially created this recipe for white fish. I then tried the delicious topping over a grain. Now I've found it works well with chicken. For the Chicken with Plum Tomatoes and Three Cheeses, use a variety of cheeses of your choice. But be sure to include some stronger-tasting ones.

1. Preheat oven to 425 F. Lightly coat a 9- x 13-inch casserole dish with cooking spray.

2. Working with one at a time, place a chicken breast between 2 sheets of waxed paper and pound to a 2-inch thickness.

3. Beat egg and milk in shallow bowl. Place bread crumbs on a separate plate or shallow dish.

4. Lightly coat skillet with cooking spray add oil and place over medium-high heat. Dip each flattened chicken breast into the egg mix, then coat in bread crumbs. Cook 3 mins. per side or until browned and almost cooked through. Transfer to prepared casserole dish.

5. Combine tomatoes, havarti, goat and Parmesan cheeses, olives, garlic and dried basil in a bowl. Spoon over chicken breasts. Cover and bake 10 minutes or until cheese melts and chicken is done (has reached an internal temperature of 165 F). Garnish with fresh parsley and serve.

**ROSE REISMAN'S FAMILY FAVORITES**  
(WHITECAP BOOKS) BY ROSE REISMAN

## Ingredients

- 1 1/2 lb skinless boneless chicken breasts
- 1 egg
- 2 tbsp low-fat milk
- 3/4 cup seasoned dry bread crumbs
- 2 tsp vegetable oil
- 1 1/3 cups diced plum tomatoes
- 1/2 cup shredded havarti
- 1/4 cup crumbled goat cheese (about 1 oz)
- 2 tbsp grated Parmesan cheese
- 1/4 cup finely chopped black olives
- 1 tsp finely chopped garlic
- 1 tsp dried basil
- 3 tbsp chopped fresh parsley

## Health Solutions

### Tea-Coffee Smack down



**NUTRI-BITES**  
Theresa Albert, D.H.N., R.N.C.P.  
myfriendinfood.com

What's in your hands right now? Are you sipping North America's morning sweetheart: coffee? Or a nice cup of the tea that most of the rest of the world enjoys?

There are benefits to both, but cutting down the coffee and stepping up the tea may just make you healthier.

Here's how:

**Tim Hortons small coffee (100 mg caffeine) vs small tea**

### (60 mg caffeine)

It is recommended that you get no more than 300 mg of caffeine each day. That means you can have five small cups of tea and only three small cups of coffee each day.

**Cream for small coffee (40 calories) vs. milk for small tea (15 calories)**

Chances are you will drink your tea with milk and not cream.

Switch just one of your cups of coffee with cream to tea with milk for a whole year and save yourself 9,125 calories.

That represents 2.6 pounds per year. You could stand to lose 2.6 pounds this year without any work at all, right?



**THERESA ALBERT IS AN AUTHOR AND NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MY-FRIENDINFOOD.COM**

# manyfest

All together downtown

COME CELEBRATE

COMMUNITY • ARTS • ENTERTAINMENT • HEALTHY LIVING

CICLOVIA • LIGHTS ON BROADWAY • BIG DANCE ON BROADWAY • GIANT MOVIE IN THE PARK

**EVENT SPOTLIGHT**

**TASTE OF DOWNTOWN WINE & CHEESE FESTIVAL**

Sip cabernets, chardonnays, and many other fine wines while sampling gourmet food in support of Winnipeg Harvest.

Friday, noon-11pm; Saturday, noon-11pm  
Sunday, noon-6pm

WINNIPEG 10+10 EVENT • FARMERS' & ARTISANS' MARKET • **TASTE OF DOWNTOWN WINE & CHEESE FESTIVAL** • MINIFEST KIDS' ZONE

**September 7 - 9**

[www.manyfest.ca](http://www.manyfest.ca)

**ON BROADWAY**

HOST SPONSOR



TITLE SPONSOR



SUPPORTING SPONSORS



GOLD SPONSORS



EVENT SUPPORTERS



FRIENDS



MEDIA SPONSORS



# Valuable lessons from divorcees



Author Dana Adam Shapiro. HANDOUT

**Reading.** You Can Be Right or You Can Be Married offers a look at some people who've had their marriages fall apart

HEIDI  
PATALANO  
Metro New York

The Dana Adam Shapiro of a few years ago would not have ordered a steak while out on a first date with a vegetarian.

But after spending years interviewing divorcees for his new book *You Can Be Right or You Can Be Married* (on sale Tuesday), the Shapiro who ordered the juicy slab of meat was a changed man.

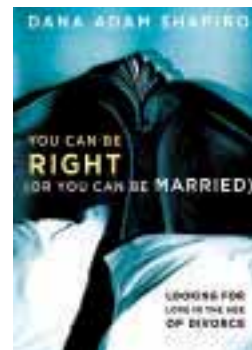
"That was a very tangible effect of the book," he admits. "So much of the dating process is theatrical. ... You're sort of auditioning, and when

you're doing so you're not really being yourself. ... The inevitability is that your real self is going to come through, so you better do it sooner rather than later."

This is just one of the lessons the author took away in the writing of his book. He interviewed dozens of anonymous divorcees who offered unvarnished accounts of their own heartbreak. From there, he extracted a few near-universal truths that he offers to Metro readers:

1. Cheating happens because of complacency: "(Divorce happens when) people aren't putting that effort in any more," Shapiro observes. "That's probably the worst thing you can do. You really do just have to re-earn it all the time."

2. We often expect problems to solve themselves: "One woman said to me, 'A man marries a woman hoping that she won't change and a woman marries a man



hoping he will change and he doesn't," Shapiro says. "We bury a lot of the problems in the hopes that they'll just get better."

3. There is such a thing as compromising too much: "I think a lot of people try to be the ideal spouse, but sometimes it's at their own expense," he adds. "You wake up 10 years later thinking, 'I'm not me anymore.'"

## Advice

*One gift for the shower, one for the wedding*

**CHARLES THE BUTLER**  
askcharlesthebutler@metronews.ca  
For more, visit charlesmacpherson.com

**Hello Charles,**  
When should we give a wedding gift — wedding shower or the wedding? If there is a wedding shower before and the invitation includes a wedding gift registry, do we give one gift for both and when? Thank you in advance, Maria

Hello Maria,

Technically you would give two gifts — one for the wedding shower and one for the wedding, as these are two separate events.

Ideally you would bring a gift to the wedding shower with you, however, I personally have never thought bringing a gift to the wedding is a good idea. I have always believed in either sending the gift ahead of time or, what I personally do, is send the gift afterward.

Did you know you have up to one year to send a wedding gift post the wedding?

Now the final question, how much to spend? *Never* spend more than you can afford. I know many people who get themselves in trouble spending too much money going to weddings all summer. I have spoken to many experts in etiquette and I also want to assure you that you do not need to give the value of your meal. That is complete silliness. If you are on a tight budget, then you give accordingly and if you are in a position to give more and wish to, then so be it. But engaged couples that invite guests expecting to be reimbursed for the cost of their meal is just plain wrong. You invite and pay for what you can afford and you invite because you want these people to join you, not so that you can charge them for the meal.



**A wedding shower is a separate event from the wedding.** ISTOCK



## How does Nathans make mushroom soup?

With fresh mushrooms of course!  
Taste the difference



Richardson Centre Concourse  
(204) 943-1034

•Homemade Soup•Breakfast served until 2pm•  
•Overstuffed sandwiches•Crisp fresh salads•



**Earn  
AIR MILES®  
reward miles**

on your purchase of funeral  
and cemetery products  
and services.

**Dignity**  
MEMORIAL

As part of our commitment to providing exceptional service to families we serve, we are pleased to offer this exclusive benefit on pre-arrangement purchases.

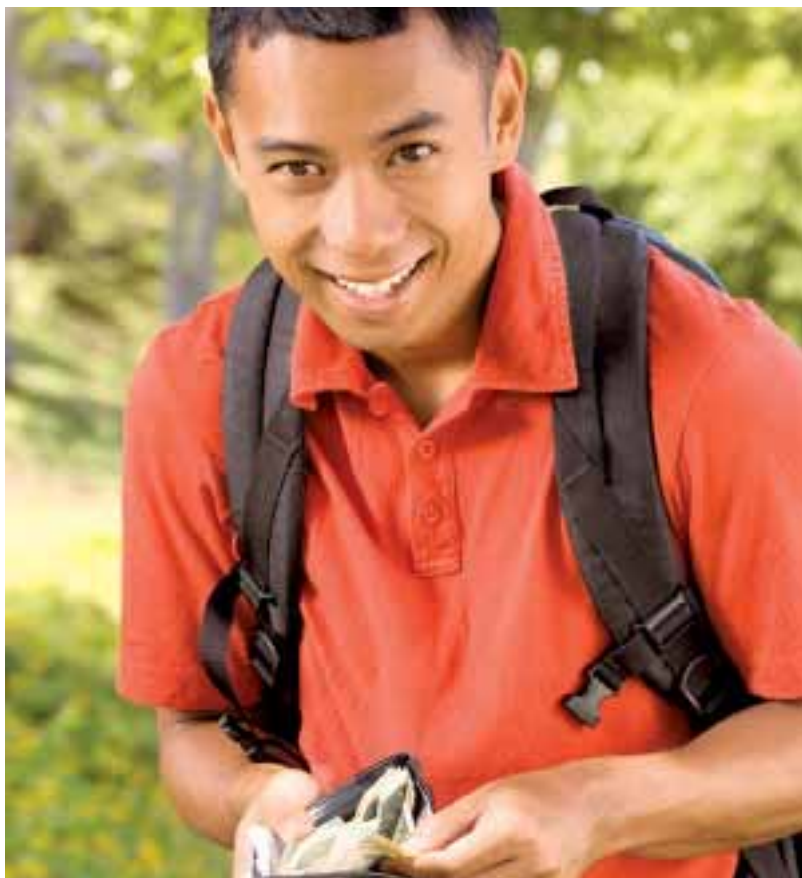
**Prearrange your funeral in September and earn up to 4000 AIR MILES® reward miles\***

**THOMSON FUNERAL HOME**  
669 Broadway, Wpg, MB ~ **204-783-7211**

\*AIR MILES® reward mile earned on dollar value of eligible prearranged funeral plan. (see location for details)

®™ Trademarks of AIR MILES International Trading B.V.  
Used under license by LoyaltyOne, Inc. and Dignity Memorial





A new survey says 70 per cent of Ontario high school students believe learning how to manage their money is very important. ISTOCK IMAGES

# Is the next generation prepared to manage their finances?

**Alison's Money Rule.**  
The cure for a financially sick society is raising money-smart kids



**YOUR MONEY**  
Alison Griffiths  
money@metronews.ca

News flash! They care. They really care! I'm talking about teens and money. And no, it's not just about having it and spending it. Teens, as it turns out, are deeply interested in becoming financially literate. Perhaps the high school generation is learning by bad example.

Their parents and grandparents have managed to become the most indebted Canadians ever, owing \$153 for every \$100 of disposable income. This state of affairs is a leading cause of stress and stress doesn't make for happy families.

According to a new survey

released by the non-profit Investor Education Fund (getsmarteraboutmoney.ca), 70 per cent of Ontario high school students believe that learning how to manage money is important or very important. And here's the key statistic, 69 per cent believe that personal finance should be taught in schools, a 12 per cent jump from 2009.

Teaching personal finance as a distinct course of study from elementary through to high school is critical. In fact, I think the future health of Canada depends on it as financial lives become ever more complex.

We're on the verge of transition to an e-pay society, which widens the distance between our money and us, just as credit and debit cards did when introduced in the 1950s and 1970s respectively.

Financial contracts are complicated, investment jargon baffles most people and pension options will only get more difficult to understand as corporations and governments retreat from the defined benefit pen-

In numbers

**25%**

Only 25% of students say their school provides them with most of the personal finance lessons they need.

sion plans of the boomer generation.

In other words, as the 21st century matures our teens will have to get it right. But they feel they lack the tools. Only 40 per cent of high school students believe they're prepared to manage their finances after graduation.

And it is deeply concerning that 70 per cent of them aren't saving for post-secondary studies. Parents may not be able to change the curriculum in schools tomorrow but inspirefinanciallearning.ca has some great lesson plans for grade four through 12, which can be adapted at home.

Take your teens in hand financially; they will thank you for it.

## Frugal frosh week

### Students can tackle large expenses resourcefully



**FUN AND FRUGAL**  
Lesley Scorgie  
money@metronews.ca

Thousands of students are heading back to school this week with high hopes and tight budgets.

If you're making financial trade-offs between tuition payments, social activities and quality food, read on.

Living costs, for example, can easily be reduced by having roommates and selecting a place that might be smaller, but has cheaper rent (ensure it's close to a transit system).

Living with extended family, friends, parents or grandparents can also save a bundle.

If your landlord needs repairs or maintenance (mowing and shovelling) done on their property, swap your handy-man/woman services in exchange for a break on rent.

Non-traditional homes can be highly affordable.

For example, I know two individuals that rented a mobile home with roommates and a third person who camped throughout school when the weather was nice.

These days, many students can get by without a car and use the transit system. But if not, community car sharing programs like Zipcar and Car2Go, are available in most major cities.

Tuition expenses can be significantly reduced through scholarships, bursaries and exemptions. Investigate whether your employer or your parent's employer has any grant programs for post secondary.

When tax season rolls around, students benefit from attractive tax credits which can translate into immediate returns if the student has an income, or future returns when they start working.

To benefit from these, keep all your receipts from school related expenses — tuition slips, books, supplies, transit,

living costs, and moving expenses.

Try to creatively find ways to save on little expenses like beverages, gum, cell phone bills, meals and snacks.

School supplies and electronics can be killer expensive so avoid buying unnecessary items.

Reuse leftover supplies and buy books used before dumping money into new ones.

Use coupons for computers and check out second-hand or refurbished electronics.

If you already own a computer, use it until it dies. Just ensure you back it up regularly and have super-powered anti-virus software.

Grab your roommates and head to Costco or another discount distributor. Buy household items like toilet paper and toothbrushes in bulk.

Non-perishable food items are also incredibly affordable at these retailers.

I would recommend loading up on healthy brain foods so that you'll have a balanced diet while working through late-night papers and prepping for exams.

Last, find free stuff on Kijiji like desks, chairs and book shelves.

## More Fun and Frugal

Follow Lesley on Twitter  
@LesleyScorgie



## SHARE ALERT!

### SCAN, SHARE AND WIN!

Metro and Qriket are giving away \$10,000 in instant cash prizes for the month of September.

### Wanna play?

- 1) Download the Free Qriket app for your iPhone
- 2) Scan the Qriket QR codes you see in Metro, and they'll automatically get shared with your friends
- 3) The more you scan, the more you share, the more chances you have to win!

Check Metro every Friday for the top 3 sharers of the week

For full rules and regulations visit [www.qriket.com/metro](http://www.qriket.com/metro)

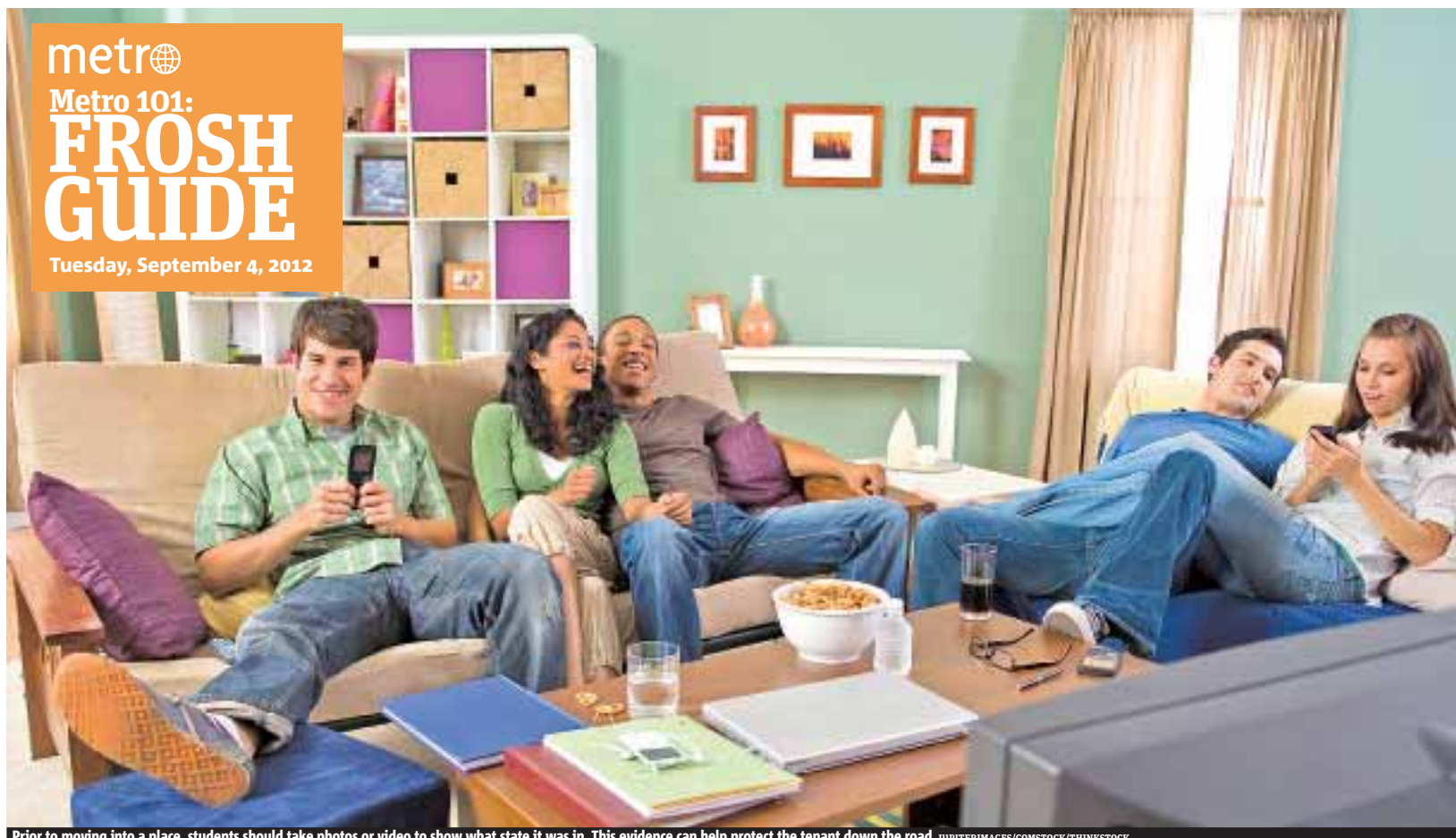


metro

Metro 101:

# FROSH GUIDE

Tuesday, September 4, 2012



Prior to moving into a place, students should take photos or video to show what state it was in. This evidence can help protect the tenant down the road. JUPITERIMAGES/COMSTOCK/THINKSTOCK

## Do your homework before renting

**Housing.** The key to successful tenancy is knowing your rights

**RICHARD  
WOODBURY**  
For Metro

When people are renting housing for the first time it can be a confusing process. This is especially true for students attending post-secondary education outside of their home province because the legislation governing tenancy varies.

For this reason, students should do their homework before renting.

"The bottom line is you have to learn what your tenant rights are in the province (where) you live," says Maryvonne Sallenave, the supervisory tenant duty counsel with the Advocacy Centre for Tenants Ontario.

For example, in Nova Scotia, a damage deposit can be no more than a half month's rent, while in Ontario, there is no such thing as a damage deposit.

Another example is damage deposits for pets. In British Columbia, it cannot

### *Insurance policies are cheap*

A recent poll from TD Insurance found 32 per cent of Canadian renters younger than 35 incorrectly believe they are covered by their landlord's insurance policy. A renter who

wants coverage for their personal possessions and liability for accidents can get a tenant's insurance policy for around the price of two movie tickets, says TD Insurance.

be more than half of one month's rent, but in Nova Scotia, pet damage deposits aren't allowed.

The good news is it isn't hard to get up to speed on tenant rights. Provincial governments across the country

post information on their websites in easy-to-understand formats, including brochures, FAQs, plus there are hotlines one can call.

When it comes time to signing a lease, be sure to get it in writing.

"The important thing to remember is that a lease is a contract, so a written contract is going to protect both parties..." says Rhia Perkins, an official with Service Nova Scotia and Municipal Relations, the branch of government under which the province's Residential Tenancies Act falls.

"It helps both people know exactly what they are agreeing to."

The lease will include details such as the amount of rent, when the tenancy starts, whether there are any rules, and should also spell out whether things such as util-

ities or cable are included.

Prior to moving into a place, students should take photos or video of the apartment to show what state it was in. This evidence can help protect the tenant down the road.

"(Students are) often blamed for damages that may have already existed when they moved in," notes Sallenave.

One final thing students should get acquainted with is the rules surrounding subletting, as the academic term probably won't coincide with the length of the rental agreement.

# PULSE

NIGHTCLUB AND LOUNGE

COMING SOON VLT's

FEEL THE PULSE

BIG SCREEN TVs POOL TABLES

FAMOUS "GLOW WEAR WHITE AFFAIR" PARTY

Saturday, September 8th

ACQUSTIC NIGHT @ THE PULSE LOUNGE

Sunday, September 9th, 6pm - 9pm. Featuring Ardie Sarao, Brent Alerio, and Ryan Joel.

DJ ON THE PATIO EVERY THURSDAY, FRIDAY & SUNDAY

MON-SAT 10am-2am SUN Noon-2am

GUYS SHOW YOUR STUDENT ID AND 'PAY NO COVER ON THURSDAY'S LADIES NIGHT

LADIES GET IN FREE

Call for details: 204.475.9547 [www.pulsenightclub.ca](http://www.pulsenightclub.ca) Visit our website for upcoming events.

423 MCMILLAN AVE • OSBORNE OPEN 7 DAYS A WEEK Serving Breakfast, Lunch, Supper & late night snacks.



# Go green on campus

**Awareness.** Students are taking initiative to spearhead projects that will save planet

JANE  
DOUCET  
For Metro

College and university students can contribute to "greening" their campuses in many ways — and they are spearheading several of those practices themselves.

"Most students are coming to university with some sense of environmental awareness," says Debra Ross, the manager of outreach and partnerships at Dalhousie University's College of Sustainability.

In many cases, students have pressured their post-secondary schools to adopt more environmentally friendly practices.

At Dalhousie in Halifax, for example, students asked instructors to reduce classroom handouts to save paper and the cafeteria to buy some food from local businesses to reduce its carbon footprint.

Here are a few ways students can live green on Canadian campuses:

**Recycle everything you can.** Especially paper! Use both sides of printer paper when you can and the back of old class notes as scrap paper. Put all paper, including newspapers and magazines, in the recycling bin when you no longer need it.

**Carry a reusable bottle.** Not only will you help decrease the amount of plastic waste on campus but you will also save money by refilling the bottle at the water fountain or using it for coffee or tea you have made in your residence room or apartment.



A reusable bottle will help you decrease plastic waste on campus. PURESTOCK/THINKSTOCK

**Swap out a light bulb.** Replacing one regular light bulb with a compact fluorescent bulb will save 150 pounds of carbon dioxide a year.

**Use less hot water.** Long, hot showers feel great, especially when you aren't directly responsible for paying the heating bill, but it takes

a lot of energy to heat water. Take short warm showers instead.

**Use the cold cycle.** Of the washing machine, that is, to save energy; almost 90 per cent of the energy consumed by a washer goes to heating water. To save even more energy, dry clothes on a rack instead of in the dryer.

**Take part in clothing swaps.** Some schools such as Dalhousie hold an annual clothing swap, where students exchange gently used clothes for free.

Or shop at secondhand and vintage clothing stores; by recycling clothes this way, you'll reduce the use of resources (especially water) used to make new apparel.

*Back to School Special*

**2 TOPPING 12" MEDIUM PIZZA for \$14.99**  
Valid for take out and delivery only.

**SPECIALS ALL DAY LONG FOR UNDER \$10 MON. TO THURS.**  
Valid for Dine-in only.

**Pembina Village RESTAURANT**  
333 PEMBINA  
CALL US AT 477-5439  
JOIN US FOR FOOD EXPERIENCES YOU DON'T WANT TO MISS!

**ALUMINUM SOUND**

**DVD MOVIE SALE:**  
**5 for \$20** (or 4.99 each)  
"Over 300 titles to choose from"

T-shirts, Posters, Buttons, Hats, Postcards, Stickers, Belt Buckles, and much more...

**251 VAUGHAN ST.**  
**(204) 956-4340** (across from the Bay)



## AVAILABLE ANYWHERE.

DOWNLOAD THE NEW METRO APP TODAY!

iPad | iPhone



metro



Think of small items to touch up your space, such as ottomans. A Coloured Ottoman from Walmart (walmart.ca), right, is \$28. HOMESENSE PHOTO

# Settle in, in style

**Dorm decor.** Get inspired to make your home away from home look colourful and bold

**ASTRID VAN DEN BROEK**  
For Metro

Forget decorating your dorm room with milk crates and mom's old dishes.

"In some ways, young people now are more sophisticated than ever," says Tamara Robbins Griffith, design expert for Toronto-based HomeSense. "They have the technology at their fingertips so they're very inspired by décor shows and Pinterest and they want to express their style."

Here's what's hot for fall dorm looks.

## Pops Of Colour

Whether it's bedding or a colourful lamp, bright colours are still popular, notes Robbins Griffith. "A lot of

time students are stuck with white walls, so the chance to bring in bold colours adds a lot."

## Accent Pieces

Along with that lamp, think of small items to touch up your space such as ottomans, storage containers and pillows. "It's important to make your home away from home more comfortable by co-ordinating your bedding with colourful cushions, throws and accessories," says

Madeleine Löwenborg-Frick, public relations manager for Toronto-based Ikea Canada.

## Prints. On Almost Everything

Zebra stripes, florals and geoprinks are all hot sellers at Walmart Canada.



Living in a multi-use space means storage is key. HOMESENSE PHOTO

For more, see page 21



RBC Royal Bank

# STUDENTS WIN\* \$1,000 EVERY DAY.

Get an eligible student bank account, credit card or line of credit to enter<sup>^</sup>.

[rbc.com/daily1000](http://rbc.com/daily1000)

Advice you can bank on<sup>™</sup>



\* No purchase necessary. Contest runs from July 3, 2012 to September 30, 2012. Weekly draws begin July 6, 2012. Winners will be announced starting on July 11, 2012 and throughout the Contest Period. Correct answer to skill testing question required. For full Contest rules and how to enter without purchase, please visit [rbc.com/rules](http://rbc.com/rules). <sup>^</sup> Eligible products include the RBC Student Banking<sup>®</sup> account, RBC No Limit Banking for Students<sup>®</sup> account, any RBC Royal Bank<sup>®</sup> credit card with a valid graduation date, and the Royal Credit Line<sup>®</sup> for Students. Credit cards are subject to credit approval. Personal lending products are provided by Royal Bank of Canada and are subject to its standard lending criteria. Some conditions and restrictions apply. To get a list of eligible credit cards for students, please visit: [www.rbc.com/studentcards](http://www.rbc.com/studentcards).  
© / <sup>™</sup> Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. VPS68959



**Continued from page 20**

"Everything in our storage items is in the bright purple and pinks with tons of patterns from florals to zebras

or funky geoprints," says Sandra Krsek, director of product development and innovation for Walmart.

So how do you fit all these great ideas into a space the

size of your bedroom? Here are some tips on small-space living.

• Use storage: Living in a multi-use space means storage is key. "If you can hide stuff such as toiletries or kitchen items in attractive containers it makes a huge difference," says Robbins Griffith. "So think storage boxes, canisters and containers to stash away stuff. It makes the room look nice and helps the space look organized."

• Pick double-duty items: Look for items that do twice the work, such as a small storage ottoman that



also acts as seating. "Or a stool that functions as extra seating but can also be used as a side table for a lamp," says Robbins Griffith.

• Get creative: "When you can't put holes in a wall, it can be challenging to make the most of your space. But think about what you do have available and how it can be used," notes Löwenborg-Frick.

"Items on the backs of doors or under the bed can help keep you organized. Over the door hanging baskets or hooks can store everything from extra school supplies to bathroom items."



If you can hide stuff items as toiletries in attractive containers, such as this one from HomeSense, it makes a difference in the way your space looks.

A Three-Door Narrow Tower, \$11, top right, and a Purple Flower Bed-in-a-Bag, \$39, can help you save space. Both are available at Walmart, walmart.ca. HOMESENSE PHOTO



Zebra stripes, florals and geoprints are all hot sellers. HOMESENSE PHOTO



## IMPORTANT LINK BETWEEN VISION AND LEARNING

As a new school year begins, is your child dreading the thought of it?

Rest assured the lack of enthusiasm is not because of poor parenting, uncaring teachers, or laziness. Children don't choose to hate school. They all wish to excel and enjoy the experience of learning. Unfortunately, one in four children is likely struggling in school because of an underlying vision problem. And because 80 per cent of what we learn in school comes to us through vision, a visual dysfunction can make learning difficult and frustrating. When vision problems are left unresolved, children

begin to lose self-esteem and often react negatively to any task that requires precise vision.

Often, vision problems go undetected because the signs and symptoms may be similar to those attributed to conditions such as ADHD and a learning disability, or characteristics such as laziness and stubbornness. A child rarely reports he has a vision problem because he is unaware that others see things differently. Many feel stupid and are frustrated they cannot keep up with their peers. Even for those who manage to handle the workload, they too endure the headaches,

fatigue and eyestrain. Left untreated, these problems continue into adulthood.

Below are physical and behavioural indicators of a vision dysfunction:

- Headaches in forehead or temple area
- Red, itchy, burning or watery eyes
- Excessive blinking or eye rubbing
- Squint, frown, scowl
- Double vision
- Intermittent blur
- Fatigue quickly when reading or performing near tasks
- Excessive head movement when reading
- Words or letters appear to move or run together on page
- Frequent loss of place when reading
- Skip or repeat words or lines of text
- Confuse similar words, can't recall same word in paragraph
- Poor comprehension
- Dislike or avoid reading
- Very close reading / copying distance
- Lean on arm or lay head down when printing
- Write poorly (crooked, uphill, poorly spaced, slow to copy)
- Say "I can't" before really trying, give up easily
- Emotional difficulties (tears, anger, defiance, meltdowns, withdrawal)
- Clumsy, poor balance, knock things over
- Poor or inconsistent at sports or play

Unfortunately, a regular eye exam only assesses the health of the eyes and whether glasses may be required.

Therefore, many vision disorders are overlooked during a regular eye check-up. Although sight is physical, vision is a brain function. It's our brain that controls how the eyes move, and the accuracy and precision of those eye movements. It's our brain that controls the eye muscles that contract for near and relax for distance viewing. It's our brain that determines where to look, how long to look, and what we look at next. It's our brain that recognizes the small differences in some words, determines where things are in space, and processes words as units rather than individual letters.

If you are concerned your child may have a vision problem, Anderson Family Vision Care offers Neuro-Development Vision Assessments and Vision Therapy. Our doctors are members of the College of Optometrists in Vision Development and have taken a special interest in this field of study. Our vision therapists are also members of the college, and are among the most highly trained in Canada. For more information, call 204-633-7482.

**Andersonfamily  
visioncare**

**DR. A. ANDERSON & ASSOCIATES**  
90-2200 McPhillips, Winnipeg MB  
204.633.7482 • [www.andersonvisioncare.ca](http://www.andersonvisioncare.ca)



# Dorm room essentials

**Student survey.** Moving away from home means you can't rely on your parents anymore

ASTRID  
VAN DEN BROEK  
For Metro

Not sure what you will need in residence? Here are some items essential for dorm life.

**Bedding:** After surveying 100 university students on their top needs for living in

residence, bedding was the No. 1 item on the list, noted Sandra Krsek, director of product development and innovation for Toronto-based Walmart Canada. This includes duvets or blankets, sheets, pillows and pillow cases.

**Towels:** Think face cloths, bath towels, bath puffs and more.

**Kitchen items:** Depending on the way your residence is set up and meal plan, you may need a full kitchen set or some key items to cook with on a shared stove such as a few pots, spoons, dish ware and more. Krsek noted that small appliances such as blenders also were of interest in its survey. "Our students told us they wanted to

## Items not to be missed

Peggy Wakabayashi, director of residences for London, Ont.'s Western University, also informally surveyed a handful of Western students for their advice on what else university students might need to settle into their new living quarters. Here's what they recommend:

**Electronics:** Power bar, extension cord, USB cord for your printer (to connect your printer to your computer — many printers don't come with them), long Ethernet cord (longer than 10 feet).

**Furniture:** Foam topper/memory foam to put on top of the mattress, extra linens and an extra set of sheets.

**Office/Organizational:** Hangers, wall calendar, four-month calendar, masking tape for hanging posters or pictures, and 3M hooks.

**Other:** Slippers, bath robes (even for guys), flip-flops for in the showers, memories of home to decorate your room with, easy snack food like granola bars/instant noodles.

be a little healthier when they entered college," says Krsek.

**Storage items:** "Paper trays, magazine files and storage boxes are all affordable ways to control all of the clutter," says Madeleine Löwenborg-Frick, public relations manager for Toronto-based Ikea Canada.

**School supplies:** Everything from laptops and USB keys to pens and notebooks.

**Additional furniture:** Think extra seating such as a bean bag chair. "Or a little stool that can function as extra seating when they have friends come over," says Tamara Robbins Griffith, design expert for HomeSense.



Zebra Boxes, \$8, top, available at Walmart, walmart.ca, King Size Cotton Sheet Set, \$49.99, below, available at HomeSense, homesense.ca, Desk Lamp, \$39.99, right, available at HomeSense, homesense.ca.



CHEERS!



**Flatlander's  
BEER  
FESTIVAL**

FLATLANDERSBEERFEST.COM

**September 13 & 14**

WINNIPEG CONVENTION CENTRE 7-10 PM

A FUNDRAISING EVENT  
IN SUPPORT OF



PRESENTED BY



## SAHEL FOOD CRISIS URGENT HELP NEEDED

**\$50** = Milk to treat a severely malnourished child for three weeks

**\$100** = Feed a mother and child for five months

**\$250** = Feed five families for six weeks



**HUMANITARIAN COALITION**

Together saving more lives

care

OXFAM

OXFAM

Pan

Save the Children

The cost of this ad has been generously donated by:

**metro**

## CRISIS ALERT:

**Donate online at [together.ca](http://together.ca) or call 1-800-464-9154**



Baseball

## Goldeyes cap off regular season with loss to the RedHawks

The Winnipeg Goldeyes wrapped their 100-game regular season schedule on Labour Day with an 11-3 defeat at the hands of the regular-season champion Fargo-Moorhead RedHawks in front of 6,785 at Shaw Park on Fan Appreciation Night.

Despite the rough finish to the campaign, including Sunday's 15-1 debacle, the Fish (55-45) clinched the wild card and a post-season birth with a 5-1 win over the Hawks (65-35) back on Friday night.

Meanwhile, the Winnipeg ball club handed out some individual hardware on Monday.

Outfielder Chris Roberson and infielder/outfielder Josh Mazzola were selected by the media as co-winners of the team MVP award, while catcher Luis Alen was named Player of the Year through fan balloting.

Winnipeg's quest for the hardware that really matters begins Wednesday against the same RedHawks who finished the season head and shoulders above their American Association competition. Games 1 and 2 of the best-of-five playoff series go down in Fargo, while Games 3, 4, and 5 (if necessary) are back on friendly turf.

The Goldeyes have now qualified for the post-season six of the last seven years, missing in 2010, and never advancing past the first round.

The winner of the Goldeyes-RedHawks series will play the team that advances out of the Central and South Divisions, either the Wichita Wingnuts (59-41) or Laredo Lemurs (54-46).

DARRIN BAUMING/FOR METRO



Stampeders receiver Larry Taylor celebrates scoring the winning touchdown on Monday in Calgary. JEFF MCINTOSH/THE CANADIAN PRESS

# Taylor leads Stamps to win on wild Labour Day

**CFL.** Calgary receiver scores winner late in Battle of Alberta

Larry Taylor caught a seven-yard touchdown pass from Kevin Glenn with 63 seconds remaining as the Calgary Stampeders edged the Edmonton Eskimos 31-30 in the annual Labour Day clash Monday.

Rookies Bo Levi Mitchell and Matt Walter had rushing touchdowns for the Stampeders (5-4), who had lost their previous two home games.

Glenn also threw a touchdown pass to Jon Cornish, Rene Paredes kicked a field goal, and Rob Maver booted a single.

Kerry Joseph and Joe Burnett scored touchdowns 43 seconds apart in the fourth quarter to put the Eskimos (5-4) up 30-25 with just over six minutes to play in the game, but the Edmonton defence

Monday's game

31	30
Stampeders	Eskimos

couldn't shut down Taylor and the Calgary offence.

Filling in for injured starter Steven Jyles, Joseph plunged into the end zone for a one-yard score at 8:07 of the final frame. Burnett then picked off an errant pass by Glenn and ran it back 34 yards into the end zone to give the Eskimos a short-lived lead.

Joseph also tossed touchdown passes to Fred Stamps and Hugh Charles in the second quarter, while Grant Shaw kicked three singles.

On the last play of the game, Shaw attempted a 48-yard field goal into the wind, but the ball sailed wide to the

In Hamilton

## Argos wait till late to top Tiger-Cats

Chad Owens was there when the Toronto Argonauts needed him the most Monday.

The speedy receiver amassed a club-record 402 combined yards to help Toronto rally for a thrilling 33-30 win over the Hamil-

ton Tiger-Cats in the final Labour Day showdown at Ivor Wynne Stadium. Owens had two clutch receptions for 29 yards — including a one-handed, 18-yard grab — on the Argos' final possession that kept the fateful 51-yard, seven-play drive alive and allowed Swayze Waters to boot the winning 33-yard field goal with 26 seconds remaining.

THE CANADIAN PRESS

left and Taylor ran it out of the end zone as time expired.

The same two teams won't have much time to rest as a rematch is set for Friday at Edmonton's Commonwealth Stadium.

The Stampeders appeared poised to score on their opening drive of the game before Nik Lewis fumbled the ball in Edmonton territory. Clint Kent

recovered the ball for the Eskimos.

Five plays later, Burke Dales was tackled for a loss deep in Edmonton territory after he couldn't handle a low snap from Ryan King cleanly.

Calgary then opened the scoring when Mitchell plunged into the end zone for a one-yard touchdown at 8:17 of the first quarter. THE CANADIAN PRESS

# 4 SPORTS

Mobile sports



With the regular season beginning on Wednesday, NFL officials are still locked out in labour dispute. Using replacement referees for the pre-season resulted in some embarrassing gaffes and the NFL has to be hoping they can continue to learn on the job. Scan the code for the story.



Help Kids with Cancer!

## Paddles up!

Cheer on the teams, take part in the kids' activities, make a donation and have a fun family day at Lake Shirley Water Ski Park.

All funds raised stay right here in Manitoba to help kids fighting cancer by providing direct patient care and critical research.



MEDIA SPONSORS:



## FMG MANITOBA DRAGON BOAT FESTIVAL

A PROUD PARTNERSHIP OF  
THE CANCER CARE  
MANITOBA FOUNDATION  
THE CHILDREN'S HOSPITAL  
FOUNDATION OF MANITOBA

Lake Shirley Water Ski Park  
365 Murdock Road, off Dugald Road

Friday, Sept 7, 4pm – 9pm  
Saturday, Sept 8, 7am – 7pm  
Sunday, Sept 9, 8am – 6pm

cancercarefdn.mb.ca  
204-927-5433

## Horoscopes

## ♈ Aries

March 21 - April 20

Deal curtly with people who annoy you today. That is not an invitation to be rude but there is no law that says you have to be nice to everyone you meet, especially those who waste your time on trivial matters.

## ♉ Taurus

April 21 - May 21

You must stay on top of your workload, because if you let things slide you will find it hard to catch up again later on. If you can't do it all yourself then delegate more. Trust others to do a good job.

## ♊ Gemini

May 22 - June 21

Your efforts, both at home and at work, will pay off eventually but why does it take so long? Actually it doesn't. It's just that being a Gemini you tend to be impatient. Relax — it's all going according to plan.

## ♋ Cancer

June 22 - July 23

You are taking certain issues too seriously and need to realize that you are not the one to blame for someone else's problems. See to your own needs today. Focus only on what matters to you personally.

## ♌ Leo

July 24 - Aug. 23

Something will strike you as funny today but if you laugh too loud or too long others might get the impression that you are laughing at them. The best jokes are those during which you can all laugh together.

## ♍ Virgo

Aug. 24 - Sept. 23

Resist the temptation to get involved with a plan or project you really don't know that much about. Before the day is over you could be out of your depth and swimming in shark-infested waters!

## ♏ Libra

Sept. 24 - Oct. 23

A disagreement of some kind is likely but it will be over as quickly as it started, so don't take it too seriously. This may even be one of those situations where a bit of strife brings you closer together.

## ♐ Scorpio

Oct. 24 - Nov. 22

You are expecting far too much of yourself, which is an invitation to disappointment. You have absolutely nothing to prove, to yourself or to other people, so aim a bit lower and enjoy life a bit more.

## ♑ Sagittarius

Nov. 23 - Dec. 21

Everyone is born with a special talent and everyone has a destiny to fulfill. Once you realize that, you will be less likely to compare yourself to other people. Focus on your life's goal. You know what it is.

## ♒ Capricorn

Dec. 22 - Jan. 20

The planets will bring your leadership qualities to the forefront today and you will find that others rely on you to make the right decisions. Don't turn your back on them: They need you and you need them.

## ♓ Aquarius

Jan. 21 - Feb. 19

There are no barriers. There are no limits. Your life will always be what you want it to be. If you desire something enough, you will find a way to get it. It may take a little time but nothing is impossible.

## ♊ Pisces

Feb. 20 - March 20

At some stage today you will realize that most of the things you have been fearful about are not worth the time and the energy. Once you get over them, the sense of freedom you feel will be life changing.

SALLY BROMPTON

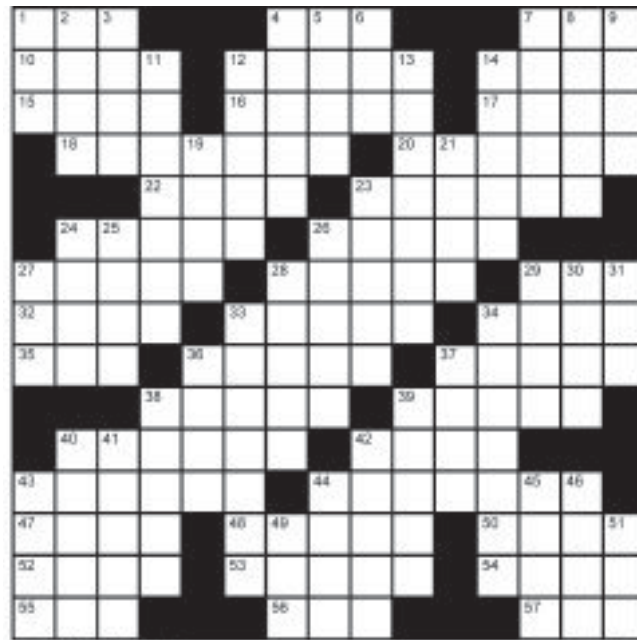
## Crossword: Bits and Pieces

## Across

1. Place to drink
4. \_\_\_ Beta Kappa
7. Ocean
10. Operatic solo
12. Insurance adjuster's investigation
14. Big moisturizing products name
15. Red \_\_\_: Alberta's third-most-populous city
16. Sound on a tuner
17. Bouquet holder
18. Canada's fourth-largest province
20. Beirut-born Canadian star of *The Matrix* series Keanu
22. Another word for margarine
23. Core groups of trained personnel
24. Elliott of *Ocean's* 11, 12, 13
26. Geometric functions
27. Mike \_\_\_: Scarborough, Ontario-born *Saturday Night Live* alumnus
28. Papal language
29. Many a CEO's deg.
32. Center of the eye
33. Stories
34. Ancient France
35. "You've Got Mail!" ISP
36. Tiny bits, from a Greek letter
37. Consume noisily, as soup
38. "No Right Turn \_\_\_" (2 wds.)
39. Windsor, Ontario-born singer Shania
40. Bay surrounded by Nunavut, Manitoba,
- Ontario, Québec
42. Bric-a-\_\_\_: knickknacks
43. Largest monkey
44. Fries, cheese, and gravy dish
47. Not worth \_\_\_ (2 wds.)
48. 1,000 kg
50. "Electric" fishes
52. Have a primary role
53. How the hair of frightened comic book characters stands (2 wds.)
54. Valentine gift
55. Fri. follower
56. Wed. preceder
57. \_\_\_ Brunswick

## Down

1. Evil
2. Specialty (in education, say)
3. A founder of Manitoba, and a political and spiritual leader of the Métis people
4. A dwarf planet, now
5. "Humpty Dumpty \_\_\_ great fall" (2 wds.)
6. 3 on a sundial
7. NWT's Great \_\_\_ Lake
8. Lets up
9. Affirmative votes
11. Leafy shelters
12. Gave a hoot
13. Toronto-born Rick of *Honey, I Shrank the Kids*
14. Surpluses
19. House wings
21. Utopia
23. Gives a ticket
24. Greek deli specialty
25. Trompe l'\_\_\_: fool-the-eye art
26. Greens
27. \_\_\_ Farrow: Woody Allen's ex
28. Grow dark
29. A Hawaiian island
30. Be in the sun too long
31. Jungfrau or Matterhorn, e.g.
33. Home of the Argonauts
34. Yukon mountain sight
36. Not \_\_\_ many words (2 wds.)
37. Attack mosquitoes
38. Smell
39. Brought into alignment
40. "\_\_\_ la vista, baby!": Schwarzenegger
41. German sub
42. "\_\_\_ nuit": "Good night"
43. Low voice
44. Tire: Fr.
45. \_\_\_ sign: advertising medium
46. Other
49. Québec neighbour: abbr.
51. Use needle and thread



Copyright © 2012 Michael Wiesenberg

## Friday's Crossword



## What's online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).



## Sudoku

## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Friday's Sudoku



## Weather

TODAY

WEDNESDAY

THURSDAY

MAX: 21°  
MIN: 10°MAX: 20°  
MIN: 8°MAX: 19°  
MIN: 9°

JENNA KHAN  
WEATHER SPECIALIST

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 AM**



# Search over 50,000 used cars, fast and free.



 **autocatch**.com



# WagJag.com

## DEAL OF THE DAY!

GET DEALS ON YOUR PHONE:



*Buy For:*  
**\$49**

\$49 FOR AN ARGAN-INFUSED ASSORTED BEAUTY PACK INCLUDING FACE ELIXIR, BODY OIL, FACE CREAM AND MORE FROM ORGANIC RITUALS (A \$215 VALUE)

**Regular Price: \$215**

**You Save: \$166**

**Discount:**

**77%**



*Buy For:*  
**\$23**

**\$23 FOR THE SLIMMING FLEXIMESH TOP FROM NIFTY SPOT (A \$47 VALUE)**



*Buy For:*  
**\$89**

**\$89 FOR ATRIO PRO EARPHONES FROM ATRIO. ME BY FUTURESONICS (A \$200 VALUE)**



*Buy For:*  
**\$39**

**\$39 FOR \$80 TOWARDS EASY-OFF MALL MURALS FROM INKSHUFFLE.COM**



*Multiple Offers*

## WagJag Golf

**FUERZA: TWO OPTIONS**

**OPTION 1: \$38 FOR A FRZ-2455 GOLF AND LEISURE WINDBREAKER**

**OPTION 2: \$45 FOR A FRZ-2457 GOLF AND LEISURE JACKET**

*Visit:* **WagJag.com**

*Follow us:*



facebook.com/wagjag  
@wagjag

Hurry to WagJag.com to purchase local deals before time runs out.



# ENERGY106

WINNIPEG'S **NEW** #1 HIT MUSIC STATION

# SAY IT AND WIN



LISTEN TO **ENERGY106** @  
7:36AM, 11:36AM, AND 5:36PM

LISTEN TO **ENERGY106** EVERYDAY  
@ 7:36AM, 11:36AM & 5:36PM!

ALL YOU HAVE TO DO IS SAY **ENERGY106**  
AS MANY TIMES AS YOU CAN IN 10 SECONDS!

YOU CAN **WIN** TICKETS TO SEE THE **LMFAO PARTY ROCK CREW**  
PRESENTED BY **ENERGY106** @ ADRENALINE ADVENTURES  
ON SATURDAY, SEPTEMBER 15<sup>TH</sup>